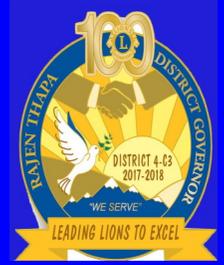


The Lionizer



Cabinet Secretary **Al Satake**

District Treasurer **Mark Fujikawa**

Leading Lions to Excel



Namaste:

Lions of District 4-C3, we are finishing an exciting year in Lionism. We are concluding the Centennial Celebration but continuing with the motto of "WE SERVE".

As we move into the next 100 years, we must remember our past but plan for the future. We need to promote more service projects in our communities, promote the growth of membership but more importantly retain our members. And, finally promote leadership development.

The final Council of Governors meeting was held in Visalia and everyone was very busy. District Governor Elect Skip Zehnder, First Vice District Governor Elect Duke Dunham and Second Vice District Governor Bill Ridle were all part of the planning process for the upcoming year. Committee members were appointed to the Multiple District Four Standing Committees, a new council chairman was chosen, training for incoming vice governors was held, the District Governors finalized their year and the final Student Speakers Contest was held. Congratulations to ALL Lion leaders!

Preparation for the Lions Club International Convention Las Vegas are in place and it will be a grand celebration for all attendees. It is not too late to make plans to attend. We have a good delegation of District 4-C3 Lions attending. They will be walking in the International Parade, eating breakfast with the Lions of Multiple District Four and their guests, attending the plenary sessions and seminars. We will be with District Governor Skip and Karen Zehnder on Wednesday, 3 July at noon when his tag is pulled.



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On behalf of the Governor Team, we Congratulate all of your accomplishments and what you will do in the coming years. Lions, I ask that you continue with all of your projects, develop new ones, add and engage your membership to continue on our path to growth, promote new leaders and most importantly have FUN! District 4-C3 will continue to "Lead Lions to Excel".

Namaste: I salute the divine in you



Fellow Lions,

District Governor Elect Skip Zehnder

The Lions year is just about over. This coming Monday (June 25) Karen and I leave for Las Vegas. When we return on July 4 I will be District Governor. I'm excited for my term to begin and am looking forward to working with all the members of District 4-C3 to increase service and service reporting in all the clubs.

So far this year we are up 25 members net for the year but we are still not up to the minimum number of 1,250 that LCI would like us to be. We are at 1,231 as of June 16 as I write this.

Please join us for the District Installation on July 13 at the Event Center at Rossmoor. We promise you good food, good fellowship and good entertainment. Reservations need to be in by June July 10.

Don't forget: WE SERVE.

DGE Skip Zehnder

1st VDg Elect VDG Duke Dunham

We had a great time at our convention in Reno. Starting with the bowling tournament, there was something for everyone. If you missed it, you missed a fun, educational and interesting time. DG Elect Skip, myself, and 2nd VDG Elect Bill Ridle came home with work to do. And, next year our convention will be at the Lionsgate Hotel in Sacramento, a little closer for all.

and I just got back from the Council of Governors in Visalia. It was the last time that the sitting District Governors get together to pass motions and finish their year. While there they celebrated their year, and had a traditional outgoing toast. And 2nd VDG Elect Bill got to meet the other members of his council and participate in their first training.

We are now preparing for the LCI convention in Las Vegas where DG Elect Skip will become District Governor and DG Rajen will become a PDG. Also, and most importantly, Lions will be getting our first woman International President. It's taken a while but we have come a long way in our 100 years of Lionism. We have a lot to be proud of.

In July when we return, we'll be prepping for the Cabinet Installation at Rossmoor. Don't miss it! We've seen the Darden Sisters and you all should take this opportunity to enjoy their entertainment and be a part of the installation. See you there.

Later in July, the Ambrose-Pittsburg Lions are having our annual Bar-B-Que at LCVI. Ribs and chicken and all the extras for \$25. Where else can you get a deal like that? Contact Lion Teri, (925) 876-6519 for tickets.

As Lions let's concentrate on helping others and serving our communities. Through service we can attract new members. We are almost to 1.5 million members globally. That's a lot of service!

See you soon.

DGE Duke Dunham



TOP 10 WORDS OF WISDOM BY GANDHI

1. BE THE CHANGE
2. WHAT YOU THINK YOU BECOME
3. WHERE THERE IS LOVE THERE IS LIFE
4. LEARN AS IF YOU'LL LIVE FOREVER
5. YOUR HEALTH IS YOUR REAL WEALTH
6. HAVE A SENSE OF HUMOR
7. YOUR LIFE IS YOUR MESSAGE
8. ACTION EXPRESSES PRIORITIES
9. OUR GREATNESS IS BEING ABLE TO
REMAKE OURSELVES
10. FIND YOURSELF IN THE SERVICE OF OTHERS

THE RUDY AWARD

Toward the end of the school year several Lions Clubs in California sponsor a "Rudy Contest". This is a contest honoring students graduating from a middle or elementary school who have shown exceptional effort and determination to achieve, sometimes in spite of challenges. The school staff picks the winners. At each school's yearly award ceremony the chosen winner receives a plaque and a check.

The Contest grew out of the movie "Rudy" which relates the story of the young student Rudy who was attending Norte Dame and who passionately wanted to play on the Norte Dame Football Varsity. Although he didn't have the stature to be on the team, he nevertheless helped and encouraged the team in any way he could. At the insistence of the team the coach finally allowed Rudy to play during the final minutes of a game. Thanks to a play Rudy made, Norte Dame won that game. At the end of this game, the Norte Dame Team jubilantly carried Rudy off the field on their shoulders.

Soon time after this victory Rudy gave a motivational speech at a California Convention of Lions. At the close of Rudy's speech Crockett Lion Joe Costa presented Rudy with a trophy, his first. Lion Joe went on to encourage the newly created Rudy Contest whose purpose is to recognize students who, like Rudy, are hard working, heart filled, and conscientious about their academic lives.

For close to a dozen years the Crockett Lions have sponsored this Award in our area. Recently we honored two Rudy winners: Davonte Williams at Carquinez Middle School and Angelee Sierras at Rodeo Hills Elementary. When Davonte heard his name announced he danced in place. Grateful tears flowed when Angelee and her Mom heard her name called. Happy moments and happy memories for all present!



**SAVE
THE
DATE**

**Sunday
July 8th, 2018**

**Brentwood Lions Club
INSTALLATION
Of OFFICERS**



**DE L UNA RANCH
7540 Balfour Rd,
Brentwood
RSVP 925-516-2506**



\$ 20.00

6 pm

**LIONS CENTER FOR THE VISUALLY IMPAIRED
INVITES YOU TO THE INSTALLATION
OF OFFICERS AND BOARD MEMBERS**

**MICHELE LADMIRAUT, PRESIDENT
2018 – 2019**

**LIONS CENTER FOR THE VISUALLY IMPAIRED
175 Alvarado Avenue
Pittsburg, CA 94565**

**Monday, 9 July 2018
\$10.00 per person
6:30 pm—Social Hour**

Everyone is invited to join in the fun and festivities!

**RSVP by Wednesday, 5 July 2018
pdglindagriffin@sbcglobal.net
or call 510.507.1080**



**LIONS CENTER for the
VISUALLY IMPAIRED**

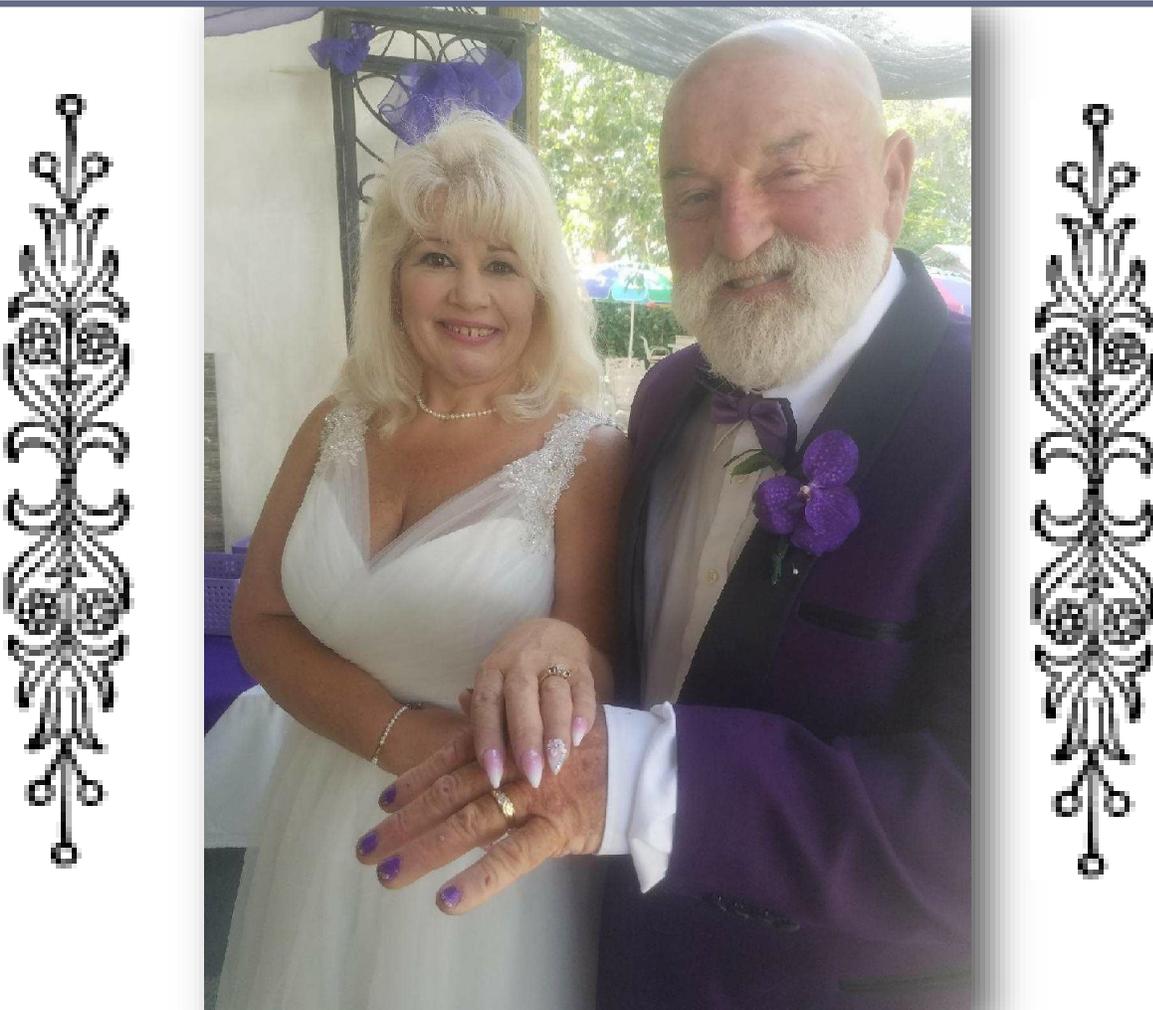
WEDDING OF STUART AND VALERIE GRIFFIN...

...Since we are both Lions, we decided to " in lieu of gifts" that we would suggest our guests make a donation to one of our three favorite Lion charities.

I wrote up info about each charity and included it in our wedding invitation. The response was awesome. We even received donation checks from friends that were not able to attend but wanted to donate. It was a fantastic happy day in so many ways but the best part is that 3 of Lions charities were helped that day.

We are so excited to report that we have presented LCVI with \$2,200 in donations, Special Kids Day with \$1,200 in donations and Student Speaker Foundation with \$600 in donations. We had baskets and guests chose where they directed their donation to. Stuart and I want to thank everyone, guests were so generous and it reinforced why we are Lions.

Lions Stuart and Valerie Griffin



SERVICE WITH DETERMINATION!



Lions District 4-C3
Cabinet Installation
2018-2019



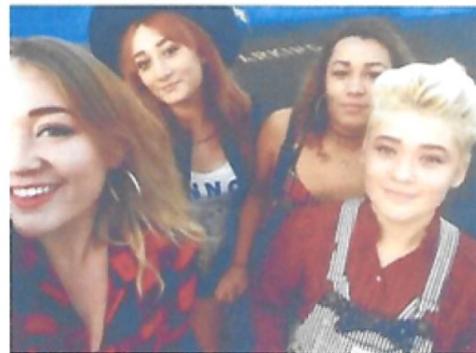
Friday, July 13, 2018
The Event Center-Rossmoor

5:30 - 6:30 Social Hour
6:30 - 7:30 - Installation
7:30 - 8:30 - Dinner
8:30 - 9:30 Entertainment with The Darden Sisters

Cost: \$50.00 or Table of 8: \$350.00



PID Tom Matney from Kentucky
Installing Officer



The Darden Sisters
from Anaheim, CA.

RSVP to PDG James Lee, 418 Ironwood Road, Alameda, CA 94502
Email: jameslee418@comcast.net Registration deadline: 7/10/18

Name: _____

Club: _____

Number of Individual Tickets: _____ X \$50 Total _____

Number of Whole Tables: _____ X \$350 Total _____

Make checks to District 4-C3
or

Credit card: Card Number _____ Expire _____ CSC _____

4th ANNUAL
MATTHEW YOUNT MEMORIAL SCHOLARSHIP

THREE STICK
GOLF TOURNAMENT

AT PLEASANTON GOLF CENTER

- FRIDAY, JULY 27, 2018 -
3:00PM

HOSTED BY THE PLEASANTON LIONS CLUB



Reserve your spot with Greg Yount at yountbz@yahoo.com or call (925) 730 3874



Tournament proceeds will benefit scholarships to students at each of the three Pleasanton high schools and Cal Poly SLO with annual study abroad scholarships.

— ADMISSION COST —

\$85: Golf, Beverage, and Dinner

\$50: Student Price

\$40: Dinner only



SATURDAY, JULY 7th, 2018

FREEDOM HIGH SCHOOL

OAKLEY DELTA LIONS CLUB



BRING YOUR FAMILY AND FRIENDS FOR THIS FUN FILLED DAY.

PRESIDENT DR. MIKE PAINTER AND HIS CREW WILL BE SERVING THEIR "OAKLEY DELTA LIONS CLUB FAMOUS TRI-TIP SANDWICHES" FOR YOUR ENJOYMENT ALL DAY LONG...THEN RELAX WITH A FULL TUMMY, AND WATCH THE FIREWORKS.

**LIONS EYE FOUNDATION
MEMBERSHIP APPRECIATION LUNCH**

**CALVARY PRESBYTERIAN CHURCH
AT THE CORNER OF JACKSON AND FILLMORE**

SATURDAY, JULY 21, 2018 NOON - 1:45 P.M.

Lions Club: _____

District: _____

Name(s) of those attending (circle one entrée for each person)

_____	Chicken	Lasagna	\$25.00
_____	Chicken	Lasagna	\$25.00
_____	Chicken	Lasagna	\$25.00
_____	Chicken	Lasagna	\$25.00

TOTAL: _____

ENTREES: Herb Roasted Chicken or Meatless Lasagna. Included with the entrée: salad, roasted potatoes, dinner rolls, fruit, dessert and sodas/water.

PLEASE....PLEASE....PLEASE Send Your Reservations in ASAP. Cut off date: Reservation must be received by July 18 No Reservations will be accepted at the door.

Please mail the completed reservation form and your check (payable to LEF) to:

Mark Paskvan Lions Eye Foundation POB 7999 San Francisco, CA 94120

PARKING: Free in the Clay Street garage between Webster and Fillmore Streets. Please take a parking ticket upon entering the garage. QUESTIONS: call or email me....MARK paskvaM@sutterhealth.org 415-600-3950

LCIF UPDATE

DG Rajen, I just received the reports from LCIF as of the end of May. I am very pleased to let you know that we raised an additional \$6,240 in the month of May alone! That is wonderful. We are now at a year-to-date total of \$39,544, which is terrific. At the beginning of the year we set a fundraising goal for our District 4C3 of \$30,000, and we are now at 132% of our goal. Thank you so much for all your help and support this year.

Also a very BIG Thank You to all the clubs and LCIF club coordinators that have helped to spread the word, and to support the mission of LCIF to help others less fortunate than us. I want to personally say thanks to Lion Stephen House of the Dawn Breaker Lions for making a personal donation so that each member of his club could be counted as a contributing member, and that also made his club a 100% club this year.

We have 19 days left, and we only need about \$500 more to break \$40,000, which would be awesome! If you are pondering making a donation, please do it now so it will be credited before the year-end on June 30th.

Again, thank you Lions for all your support this year. Lion George Fosselius of the Berkeley Lions will be taking over the LCIF district coordinator position as of July 1, so please be sure to support him next year. The major focus for LCIF will be on Diabetes the next two years, as we celebrate the 50th anniversary of the founding of LCIF in 1968.

Thank you for your support for LCIF the last three years!

**LION KEN TOWERS
BERKELEY LIONS CLUB
DISTRICT 4-C3 LCIF COORDINATOR**

PEACE POSTER CONTEST

DEE HICKS, CHAIRMAN



Now is the time to choose your Club Peace Poster Chairman and order your kits and start making contact to your schools.

The topic for this year's contest is "Kindness Matters" .

Kits are can be ordered now by going to the Lions Clubs International website and from the Club Supplies Sales Department. The kit number is (PPK-1) and the cost per kit is \$11.95 plus shipping, handling and taxes. The last day to order the kit is October 1, 2018 and allow three (3) to four (4) weeks for delivery.

In order for advanced planning, here are some important deadlines.

October 1: Last day to order your kit from LCI

Postmark and mailed November 15: Club sponsored winning poster to be mailed to:

Dee Hicks

District Peace Poster Chairman

P. O. Box 635

Bethel Island, CA 94511



Club News



Upcoming Events/Projects

Alameda Breakfast: no report

Albany Lions :the ALBANY LIONS CROSS U.S. District Court Judge William Alsup issued a ruling in the Albany Lions v. City of Albany case last Friday. In April the Lions filed a motion for summary judgment, asking the Court to issue a judgment in the Lions favor, without trial, because no dispute as to any material fact existed. The Court agreed with the Lions stating: “The Lions Club’s motion for summary judgment in its favor on the quiet title claim is GRANTED.” “The Lions Club’s motion for summary judgment in its favor on the trespass claim is thus GRANTED.” “The Lions Club’s motion for summary judgment in its favor on the nuisance claim is thus GRANTED.” [Emphasis in original] The Court held that a jury will have to decide if the City violated the Lions Club’s rights of free speech, free exercise of religion, equal protection and due process when it cut off the electric power for claimed safety reasons or if the City’s actions were merely a pretext to force the Lions to give up the Cross and the easement. Trial is set for November, if necessary.

Amador Valley: no report

Ambrose-Pittsburg: no report

Antioch Lions: We are participating in the Poster and Speech Contests.

Berkeley Annapurna: no report

Berkeley Host: no report

Berkeley Malaku Lions Club no report

Bethel Island: no report

Brentwood:Lions no report

Byron Delta Lions no report

Castro Valley Breakfast: no report

Crockett Lions

The Crockett Lions The Crockett Lions have agreed to sponsor a spring training game at JSHS field, Sunday, May 27, between the Vallejo Admirals and the Pittsburgh Diamonds. Batter up.....to volunteer. ;-)

Pat Constable has passed away. A long time member who will be missed

Danville Lions: no report

Dawnbreaker Lions : no report

Diablo Valley Lions

4 members work at White Pony Express every week to help out with the clothes and food for the homeless. Members worked ahead of time on making the badges

and then the day of the special Kids Day event the members checked in the participants and wrote their names on the badges. Members help out at the library , do vision screening. Joining with Ygnacio Vly with Crisis Nursery help.

Dublin Host: no report

Discovery Bay

Our recent Paws on Parade was a great success with over 38 dogs registered, and over \$4000 raised to benefit the Discovery Bay Dog Park. .

Dublin Host: no report

EB Mungunghwa : no report

El Cerrito Lions Club

Fremont Sagarmatha: no report

Hayward Silicon Vly Indian: no report

Hercules Lions Club no report

Livermore: no report

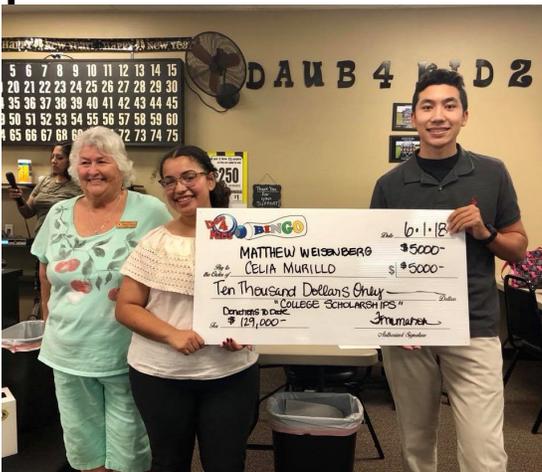
Martinez: no report

Montclair: no report

Moraga: no report

Oakland Chinatown: Our club will be participating in the Peace Poster Contest to be chaired by PP Arnold Mew, and the Student Speech Contest to be chaired by PDG Don Ki-ang.

Oakley Delta: Daub4Kids



Daub4Kids Bingo...amazing group! They have donated over \$120,000 to local youth in one year! (At least when I don't win bingo, I feel like I'm donating to a wonderful organization - lol) These two winners, the young man is going to Yale, and the young lady is going to U.C. Davis. Thank you for allowing Oakley Delta Lions to help you with this.

Rossmoor: report



The Rossmoor Lions Club has had a very active first six months of 2018:

On May 17 we held our annual White Cane Day. Donations are still coming in, but the current proceeds of \$7,700 have surpassed 2017 donations

Working with Walter Griffin, we held two eyeglass unwrapping sessions since January. The club unwrapped and boxed approximately 20,000 eyeglasses to be sent to prisons for processing. At each session the club had 25-32 volunteers working on the glasses.

In January we enjoyed lunch with Governor Rajen Thapa and his cabinet. ?

In February the club received SPOT camera training from Dr. Bill Iannacone and Linda Griffin. Also in February, the club collected a trunk-load of sample sized toiletries for homeless shelters.

The club invited informative speakers to our lunch meetings from Contra Costa Interfaith Housing, the Trinity Homeless Center of Walnut Creek, and Rossmoor's Counseling Center.

Mark your calendar for our Rossmoor Lions Breakfast on Saturday, October 6, 2018! All Lions are invited to attend.

Walnut Creek Host Lions . LION ED presented LION OF THE YEAR awards to LION FRANK MA for his LIONS' work in MD4 and China, and to LION DENNIS PEDERSEN for his work as BULLETIN EDITOR.

LION ED presented LIONS CLUB INT'L FOUNDATION MELVIN JONES FELLOWS to LION FRED FLINT for his service to CHALLENGER DIVISION OF LITTLE LEAGUE and the CLUB, and to LION NORMA MILLER for her work on the CLUB CRAB FEED.

LION ART COOMBES then presented LION ED SZAKY with a PAST PRESI-

DENTS PLACQUE and a progressive LCIF MELVIN JONES FELLOW.

Ygnacio Valley Commuters Lions

We welcomed new member Zach Westbrook and transfer member Barbara Touriel to the club.

Diablo Valley Lioness

4 of the Lioness are working at the White Pony Express 3 hours every week.. Volunteer at the library. Help with glasses at the LIS Warehouse. Donates to: Ronald McDonald house, American Cancer and Diabetes, Shriners Hospital, Contra Costa Food bank, White Pony Express, Lions Closet, Meals on Wheels, Hospice East Bay, Special Kids Day, adopts a Christmas family and has a fund for families in crisis. Recently they had a fundraiser at Pinky's Pizza. A successful venture.

Livermore Lioness

The Livermore Lioness Club held a successful wine tasting fundraiser in February. This year, for the first time, their club will add a \$500.00 trade school scholarship in addition to their \$500.00 college scholarship. Regarding the Scholarship for trade school, Lioness Anita looked into obtaining a trade scholarship from Livermore's continuation school. They were thrilled that they offered this. Their annual Duck races will be held May 5th They have a potential new member Sally Greenwood.

Update on Crockett's John Swett Leo Club

Leo Update

Leos are now out for the summer, except for the Pasta Feed of course which will give us one more opportunity for sweet good-byes.

May kept us busy with Installation of next year officers, a "World's Famous" fundraiser in which we made \$240, Special Kids Day, awards and a party! Awards included our Leo of the Year Award given to Will Latimer who is our future VP and the announcement of our Lion Vocational Scholarship that went to Ashley Farrell.

Special Kids Day was the highlight of the month. We had 12 Leo volunteers, 2 former Leo volunteers, and three parents helping at our lemonade/tattoo/candy booth. All found the Day a fun and memorable experience.

Lions Dan, Mary and myself dearly love our group and plan to lead it - for one more year! Creaks, pains and aches are beginning to get the better of us however so we are looking for other Lions who will continue working with talented young people. Could this be you?? You will make friends with "the cream of the crop" at John Swett High School.

Lion Mary Desmond



Spreading kindness in the wake of tragedy **By Rick Lemyre**

Correspondent

There were only about 45 minutes left in the Route 91 Harvest Festival in Las Vegas last Oct. 1 when gunfire erupted. A crowd of 22,000 country music fans scattered in panic, but more than 500 of them could not get out of the way of the hail of bullets raining down from the Mandalay Bay Hotel. Fifty-eight of them died.

In Brentwood, a phone rang in the home of Lion Valerie DePaola of Brentwood, California. Her daughter, Lindsey, was at the concert.

"She said she was calling to say goodbye, and then the phone cut off," recalled Lindsey's 17-year-old sister, Victoria. "We were in shock. We didn't know if she was alive or dead."

An agonizing 10 minutes later, Lindsey sent a text saying she was hiding, but not physically hurt. In the ensuing months, counseling has helped her deal with the PTSD she suffered as a result of the incident.

There was trauma to cope with for rest of the DePaola family, too. When Lindsey sent Valerie an Internet link talking about a movement begun to honor those killed, she shared it with Victoria and sister Karissa, 13. The movement, called #58randomactsofkindness, was also meant to spread some kindness in the wake of the worst mass shooting in modern American history.

Victoria and Karissa jumped on the idea as a way to deal with their own feelings, and they began their own version of #58randomactsofkindness. The idea behind the movement is to memorialize each of the victims by doing something nice for someone in your own area, honoring each victim in a way specific to them.

The girls read profiles of each victim (available at <http://www.latimes.com/projects/la-na-las-vegas-shootings-victims-list-20171002/>) to get ideas for good deeds. Whenever possible, they match the recipient with a trait of someone who died, and read aloud a brief profile of them.

They deliver baked goods to the Brentwood Lions Club honoring Brennan Stewart, a home builder from Las Vegas, and brought a tray of baked goods to the Brentwood Union School District board meeting in memory of special education teacher Sandy Casey from Manhattan Beach. Upcoming stops at police and fire stations will honor first responders who died in the attack.

Other acts are more random, such as paying for someone's Starbucks order, pre-loading vending machines with quarters, or handing out colorful flowers to brighten someone's day. Each act, however, is done in memory of one of the 58 who died.

"We talk about them to get their names out again, but associated with something good instead of something terrible," said Victoria. Karissa said that searching for opportunities to do something positive has changed her.

"It feels really good to know something good can happen," she said. "It makes me look at the world differently."

Valerie said what the girls are doing has helped her deal with her own anger, and what she called "a different reality after October first."

"I'm humbled by them," she said. "I see my girls out there making a difference and I say 'OK, Valerie. Get it together.'"

Photo caption:

Karissa DePaola, left, and her sister, Victoria, dropped off a plate of candy and baked good at the Brentwood Union School District board meeting to honor a teacher slain at the Route 91 Festival in Las Vegas last October. The girls' sister, Lindsey, is a survivor of the shooting.

LIONS EYE FOUNDATION

LINDA P GRIFFIN, ADVISOR CHAIR

PENNY DRIVE

What do you do with your pennies?
Save them or throw them away?

I have a simple answer, save them and donate them to the Lions Eye Foundation for the "Penny Drive." This is a simple fundraiser and our goal is to raise money for equipment for the new Eye Clinic.

The goal is to collect 10 million pennies. Yes, that is a lot of pennies, but you do not have to count or roll them. Collect them at your club meetings.

Schedule a presentation by one of the Lions Eye Foundation Trustees or Advisors to speak to your club and learn what is new at 711 Van Ness, San Francisco.

This fundraiser will end July 2018 at the Annual Membership Appreciation Meeting.



**START TODAY AND SAVE YOUR PENNIES
TO HELP SAVE VISION!**

Lions Club Medical Mission to Nepal a success

James Varghese (Region Chair)

Over 2500 people of the Terai region of Nepal community were beneficiaries of the Medical Mission organized and conducted by Lions Clubs District 4c3 and Kailash Medical Foundation of California.

Nepal is a beautiful Himalayan country, mostly known for Mount Everest, the highest peak on Earth. In fact, it is a haven for trekkers and mountain climbers, as it is also host to eight of the world's 10 tallest mountains. Geographically, Nepal is mainly divided into three regions, namely Himal, Pahad (Hilly) and the Terai region. The Terai region is the low land, located on the bottom part of Nepal. The Pahad is the mountainous region, where it does not snow, and the Himal is part of the Himalayan mountain range and contains snow.

The Terai region is populated mainly by indigenous tribes, who have lived there for centuries. They rely on agriculture for their sustenance and they are mostly very poor and illiterate people. Due to the presence of rivers, major crops like rice, wheat, pulses, sugarcane, jute, tobacco and maize are grown here. There are also a few agriculture-based industries, such as jute factories, sugar mills, rice mills and tobacco factories, along with beekeeping and honey production.

Sadly, many of the residents have never visited a doctor or dentist. Health care access for the poor of this region is limited at best and mostly non-existent.

As Lions Clubs International District 4c3 Region Chair and Chief Coordinator, I was part of a team including medical professionals, volunteers, college students and other Lions Club members that arrived in Kathmandu on April 9 for an eight-day mission. We sponsor this in partnership with the Kailash Medical Foundation based in California.

We were warmly welcomed at the airport by Lions Club Leaders from Nepal. By the next day, all the medicines and supplies and medical team members required for the mission were ready to go. On April 11, we flew to Biratnagar and then drove two hours to the Saptari district of the Terai region.

There, local community leaders and police helped us get all the medicine, dental equipment and other supplies to the medical camp site. Once again, we were all given a warm welcome by the local community.

As expected, there was a huge crowd assembled for the medical camp. Also, since many of the people do not have any other access to medical and health care, they wanted to make the best use of the opportunity. Hence, the crowd was large and also became unmanageable at one point. However, the local police as well as the staff from the Koirala Medical Institute helped to manage the crowd, along with other local doctors and nurses. The patients came in with many issues, medical as well as dental. Another obstacle was the language barrier. Even the local Lions members could not understand the dialects spoken by the Saptari locals.

Lack of education, poverty and hygiene are major issues for the local people. Many were not in the habit of brushing their teeth, and our dentists had to perform a lot of extractions. What inspired our team members was to witness how so many people waited for hours in extreme heat just to get basic medical attention.

The camp was a huge success. We saw 1,500 patients over three days. The doctors from the United States, side-by-side with their local counterparts, worked tirelessly and very late to ensure that all the patients who had come, many from far away, were taken care of and received free medicines. As the camp ended, the entire group felt a huge sense of satisfaction, rather than tiredness, as they could see and feel the gratitude of the locals.

April 14 was a travel day to our next camp destination, Itahari, where we also received a warm welcome ceremony and great support from local leaders. Again, for three days, we camped there and continued with our mission of providing medical and dental help to locals - we ended up helping another 1,000 people during our time in Itahari.

The Nepal Medical Mission officially ended on April 18, when we returned to Kathmandu and then embarked on our journeys back to our homes. I left Nepal with a huge smile on my face and a sense of accomplishment at having made a difference in the lives of so many people halfway around the world.



Mission to Nepal photos



The Lions of District 4-C3 are partnering with the University of Berkeley Athletic Department and California Golden Bears Football. We are having

"LIONS DAY AT CAL".

Saturday, 1 September 2018
10:30 am to 12:30 pm—Tailgate
1:00 PM—Kickoff
\$45.00
(includes tailgate food and beverages)

Cal Bears vs North Carolina Tarheels

Preliminary information for this great event is that the tailgate party will be held at Bowles Hall (picnic/tailgate area); a free shuttle from Berkeley Downtown BART to the stadium. Additional parking is available at the Lower Hearst Lot for \$25.00-\$30.00 with a shuttle to the stadium.

Vince Lipinski is chairing this event and more information will be forthcoming.

If you want to reserve your ticket(s) now, please mail your check to:

Make check payable to: Berkeley Lions Club

Mail to:
2112
Berkeley,



Vince Lipinski
California Street
CA 94703



Lions of District 4-C3

*Thank you to those clubs who participated in the Lionizer.
Thank you for all your articles and pictures.*

*Lion Pat Strong
Lionizer Editor*



*Lionizer Editor Lion Pat Strong
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