

The Lionizer

November 2020

District Governor Bill Ridle



Strengthen the Foundation



Cabinet Secretary Darlene Ridle District Treasurer Nancy Miller

ARE YOU A VOLUNTEER?

Volunteering is generally considered an altruistic activity where an individual or group provides services for no financial gain. Volunteering is also renowned for skill development and is often intended to promote goodness or to improve human quality of life. Volunteering may have positive benefits for the volunteers as well as for the person or community served.

Reasons to Volunteer (Wikipedia)

1. You can make a difference, every person counts
2. Volunteering encourages civic responsibility
3. You get a chance to give back
4. You learn a lot about yourself and your community
5. Volunteering strengthens your community, improves schools, supports youth, benefits the community
6. Promotes personal growth and self-esteem
7. It brings people together – unites people from diverse backgrounds to work toward a common goal.
8. Volunteers gain professional experience
9. It saves resources – The estimated value of a volunteer's time is \$15.39 per hour
10. It is good for you. Reduces stress – makes you healthier

ARE YOU A VOLUNTEER???

ARE YOU A LION?

I carry masks with me when I am out. I saw a homeless man sitting on the curb in a parking lot. I gave him a baggie with 2 masks and some hand sanitizer. He started to cry and said he has been unable to enter any building for several days because he did not have a mask. A small gift from me, life changing for him. Be a volunteer and change someone's life.

Do Something, Something Happens

Do Nothing, Nothing Happens

STRENGTHEN THE FOUNDATION

District Governor Bill Ridle

Inside this Issue

District Governor Bills Ridle	1
1 St VDG James Varghese Message	2
2nd VDG Linda Barbara Message	3
Darlene Ridle Secretary Message	4
Raymond Oliver -Service Barbara Chambers -Membership	5
Dr. Jung-Yul Choi International Pres. Message	6
Jerome Thompson Past International Dir.	7
Joined cub projects	8
Zone Projects	9
Newsletter Contest	10
Global Lions Forum	11
Student Speakers Foundation / Lions Club International Foundation	12
Lions Eye Foundation	13
California Lions Foundation	14
Lions in Sight / Lions Vision	15
Lions Center for the Visually Impaired	16
Word Scramble	17
Albany Lampoon Lions	18
Crockett Lions	19
Antioch Rivertown Lions	20
Berkeley Host Lions	21
Silicon Valley Indian Lions / Oakland Montclair Lions	22
Danville Lions / Fremont Dawn Breakers Lions / Livermore Lions	23
Walnut Creek Yencio Valley Lions / Diallo Valley Lions	24
Rossmoor Lions	25
Pleasant Hill Lions	26
Ambrose Pittsburg Lions	27
Antioch Lions / Discovery Bay Lions	28
Brentwood Lions	29
Brentwood Lions / Byron Delta Lions	30
Byron Delta Lions / Bethel Island Lions	31
Oaklay Delta Lions	32
The Leos by Don Kiang	33
Random Acts of Kindness	34
Why Pay Dues	35
Are you ready for an emergency	36
Environment	37
Shelter in Place Projects	38
Shelter in Place Projects	39
Editors Page-Michelle Strong	40
Club Flyers	41
Calendar of events	42
Mailing Page	43
Governor Bill's additional team	
Immediate Past DG Duke Dunham	
Manil Shrestha Admin Specialty Clubs	
Joe Costa Admin Veterans	
Mac Coats Zone 1/Govind Shahi Zone 2	
Koshy John Zone 3/Tony Hong Zone 4	
Dan Ranaldi Zone 5/Lilyan Segeria Zone 6	



James Varghese 1st Vice District Governor

How We Can Do Better in Virtual Meetings

-James Varghese, 1st VDG

Covid-19 pandemic and social distancing measures kept people confined to their homes. The prolonged isolation and loneliness forced many of us to get in the new technology and virtual meetings. Virtual meetings are becoming the most efficient way to hold meetings. If you are not yet exploiting this tool, now is the time to begin, because the expanded tech literacy stay with us long after the lockdowns lift.

Our lions club members are not only great for their kindness, they are very adaptable to changing situations too. Now our Club Meetings, Governor Visits and even Fund Raisers are conducted via virtual meetings.

Below are some tips to attend virtual meetings in a professional manner by giving respect to other participant and host.

10 Tips for Virtual Meeting Participants

1. **Use the video option when possible.** This lets people see you and confirm who is speaking.
2. **Arrive 5-10 minutes early and** test your camera, speakers and microphone are working properly.
3. **Set up your camera** so that your face is in the middle of the screen, and close up as much possible to see you clear.
4. **Mute your microphone** when you are not speaking. Be familiar to 'mute' and 'unmute'. Try to eliminate all background noises such as dog's barking or children playing in the background.
5. **When Talking, make eye-contact with your camera** not your screen.
6. **Think about your background.** Try to clear any distracting items from behind you. Some technology, like Zoom, have virtual backgrounds you can use. To be most effective, these need a solid colored background or greenscreen. Try them out in advance as your image may be distracting.
7. **Use proper lighting.** Tip: Lighting behind your camera should be brighter than the lighting behind you. For example, position yourself facing a window rather than having a window behind you with light pouring in. If necessary, consider placing an extra lamp somewhere behind your camera to highlight your face.
8. **Treat virtual meeting like any other meeting.** Dress, speak and behave like you would in any other meeting. If you wouldn't do a particular behavior in an in-person meeting – don't do that behavior in a virtual meeting.
9. **Do not eat in front of the camera** during the meeting; drinking fluids may be okay.
10. **Try not to interrupt others,** raise your hand when you really want to interject.



Linda Barbara 2nd Vice District Governor

Hello fellow Lions of 4-c3.

I have been asked many times lately *"Why did you become a Lion?"*.

I have been giving this simple question a bit of thought and just had to share and see if you all agree.

1. Friendship. In an increasingly complex world, Lions provides one of the most basic human needs - the need for friends and friendship. Especially in this time of fear and unwellness.
2. The opportunity to make a difference. As an individual you can have a limited impact but as part of a group you can achieve so much more - in your community, your country, your world.
3. Personal growth and development. Membership in Lions aids your growth and education in human relations and personal development. The opportunity to learn and provide service goes hand in hand.
4. Leadership development. Every Lions member is encouraged and can build their leadership skills and to serve in a variety of positions, both at club level and beyond.
5. Citizenship in the community. Membership in a lion's club brings you more awareness of your community
6. Continuing education. Interesting guest speakers bring a range of views and information for club members. Opportunities for personal and leadership development are offered.
7. Fun. Being a Lion is lot of fun. Each meeting is fun. The club projects are fun. Social activities are fun. And the service is fun.
8. Public speaking skills. Many individuals who join Lions are afraid to speak in public. Lions develops confidence and skill in public communication, and the opportunity to practice these skills in a friendly setting.
9. Entertainment. Lions Clubs organize many different activities that provide entertainment as well as education.
10. The opportunity "To Serve". Lions is a service club. This is the best reason for becoming a Lion: the chance to do as a group what we cannot hope to achieve on our own, to serve our fellow man, and to make the world a better place. Our motto is simple, but it says it all. "We Serve".

Stop and think about why you became a Lion. Think about what makes you happy as a Lion. Make a list and see if it makes you smile. Mine did.

Linda Barbara, 2nd Vice District Governor



From the Desk of Cabinet Secretary Darlene Ridle

From the Desk of Cabinet Secretary Darlene Ridle

It is hard to believe that over three months have gone by. It is so rewarding to see all the service that is going on in our District. I am amazed at how everyone is looking for ways to give back to their community. I have seen food drives, meal preparation, help with school supplies and lunches, sorting eye glasses, making and/or donating masks and PPE supplies, cards for veterans, cookies for the troops, making quilts, adopt a block, bench / park maintenance, annual baby shower, meals on wheels, clubs working on the peace poster contest, Kaleidoscope Garden Work, virtual walks, donations to Trinity House, Viola Blythe Community Service Center, Fisher House, the CAL Wild fires, LCIF, California Lions Foundation, Lions Center for the Visually Impaired, Lions Eye Foundation, raising funds via grab and go meals, no show fundraisers, Facebook fundraisers, freezers for food pantries, training, and meditation / therapy sessions.

Bill and I both appreciate the warm welcome we have received at all the clubs we have visited via Zoom or in person. We can honestly say that you are all showing kindness and diversity in how you serve your community.

Recently I went to the Post Office to mail several envelopes. I went to our small post office thinking I would get in and out since everyone was going to the main post office. As it turns out others must have been thinking the same as I. As we parked, I started to get out of the car and saw a lady walking with a pronounced limp towards the door. I made myself go slower so that she would be ahead of me. Since I delayed another gentleman got to the door just after the lady. As I opened the door, I noticed that the man went down the hallway and the lady with limp moved to sit on the bench to wait her turn. There were two other ladies in line. I told the lady that I would save her place in line since I was after her and she would not have to get up until she was nearer to the window. A few minutes passed and it was almost time for the lady to move up. She made her way to be next. The gentleman who I saw earlier came back and he said, he was hoping he would be able to make a quick trip as he was on his lunch time. I told him he could go ahead of me, (of course Bill was sitting in the car, but I figured he was reading his emails and a few more minutes would not hurt). He thanked me and soon he was at the counter. When I got up to the counter, the clerk said the gentleman was so grateful he left his change to pay for my mailings, it was \$20. I was about to go after him to say it was too much but decided against it. I got the postage for my envelopes and asked that the change be left for the next person in line until it was used up.

Many of you do acts of kindness every day and never think another thing about it but it may mean more to that person than you will ever know. A kind word, or a simple gesture can make all the difference.

I hope you are well and safe.

Raymond Oliver Service Chairman

I'm happy to report that, as of this writing, 78% of our Lions clubs in Alameda and Contra Costa Counties have reported some type of service so far this fiscal year. That is higher than all of last year and I'm happy to see the follow-through on the part of your reporting officers. But I'm confident we can reach 100%.



So, what counts as reportable service? First, hands-on service activities are what distinguishes Lions as an organization that serves the community. But the current situation with the pandemic limits the types of service projects we do. Still, clubs have adapted. They are making and writing cards for veterans, providing clothing and other goods to women's shelters, distributing food to food banks and many other safe activities.

Secondly, fundraisers are the fuel that enables clubs to finance their services. But that has also been impacted by the pandemic. Still, clubs have adapted. Where they might have had a dinner as a fundraiser they now have "no-show" events where they put out the flyer with a donation request, but without the dinner. Or a "no-show" costume contest for Halloween.

Donations are the third category of service. Writing checks to non-profits like Lions Center for the Visually Impaired, Lions in Sight, Lions Eye Foundation and many other non-profits that are aligned with Lions causes are a great way to have impact without leaving home. Even personal donations can be counted as club donations if you are donating as a Lion.

Lastly, all the support services that I know you are doing can be reported. Meeting to plan service or for fun and fellowship, admin work to keep your club going and writing articles for your club newsletter or for the Lionizer and anything you spend time on that supports service.

Did you know that Leo clubs can report service? If your club sponsors a Leo club, please encourage them to report and offer to train them if needed.

Barbara Chambers Membership Chairman

Global Membership Team (GMT) and

NAMI Champion (North American Membership Initiative)

Barbara Chambers



Great News--The Martinez Lioness have voted to become a new Lions Club under the Lioness Bridge Program. The transition committee is meeting and working on the Program. Eventually, we will welcome a new Lions Club into our District.

Governor Bill's motto this year is Building for the Future—Strengthen the Foundation. On that note, not only does he want to charter new clubs, but add members to existing clubs and retain the current members of existing clubs. Just the facts—as of October 10, our District has added 40 new members, however, we have dropped 45 members, for a net loss of 5 members. One of our District Administrative Assistants, Manil Shrestha, has qualified as a Specialty Clubs Program Coordinator through LCI and will work on organizing new specialty clubs.

In short, it is up to each of us to keep looking for good potential members. Invite these potential members to join you on a service project and club activity, and hopefully to eventually join your club. Remember, the more members we have, the more service we can do!



PRESIDENT'S MESSAGE

United in Kindness and Diversity with International President, Dr. Jung-Yul Choi

Dear Lion,

When we serve, it's more than an act of kindness. It's personal. Your dedication enriches the lives of the people you know and strengthens the relationships you share. You are more than a volunteer—you are an essential part of your community. And that connection matters more than ever.

As you continue to serve safely, it's so important to focus on building your relationship with the community. Our mission is to serve, but our service inspires and empowers those around us to take action. And when we are united, we have the strength to face new challenges and solve the issues that matter to us most.

When we serve, it's more than an act of kindness. It's personal. Your dedication enriches the lives of the people you know and strengthens the relationships you share. You are more than a volunteer—you are an essential part of your community. And that connection matters more than ever.

As you continue to serve safely, it's so important to focus on building your relationship with the community. Our mission is to serve, but our service inspires and empowers those around us to take action. And when we are united, we have the strength to face new challenges and solve the issues that matter to us most.

When we serve, it's more than an act of kindness. It's personal. Your dedication enriches the lives of the people you know and strengthens the relationships you share. You are more than a volunteer—you are an essential part of your community. And that connection matters more than ever.

As you continue to serve safely, it's so important to focus on building your relationship with the community. Our mission is to serve, but our service inspires and empowers those around us to take action. And when we are united, we have the strength to face new challenges and solve the issues that matter to us most.

Your safe service has preserved the health and safety of so many within your local community. The coronavirus pandemic has become the global health focus for the world, but many other health issues remain. And that's where Lions can make a difference.

Diabetes affects nearly 10% of the world's adult population—and so many more are undiagnosed. That is why diabetes has been one of our five global causes. This month, I ask that you unite with Lions around the world to raise awareness and educate people so we can be the difference in our communities.

Because every global cause has a solution that begins at home.

World Diabetes Day is on November 14, and this year, we're asking Lions to continue serving safely by serving virtually. Beginning October 12, your club can participate in a variety of virtual activities to promote diabetes awareness, prevention and care.

Visit our World Diabetes Day page for activities and educational series that you and your club can participate in to make a difference in your community. And don't forget to use the hashtag #LionsFightDiabetes to celebrate your service with us and Lions around the world.



Serving Safely: Your service matters now more than ever. And our Serving Safely page has everything you need to keep serving and keep your community—and yourself—safe and healthy.



We've updated the Serving Safely page with new tools to help you continue innovating the way you serve in your community. You'll also find blogs, social media resources and inspirational stories that can help you discover new ways your club can continue making a difference.

Staying Connected: We're always stronger when we work together. When you stay connected with your club, your community and your team here at Lions International, we all become a part of your incredible service. Here are three ways you can stay connected:



Regards,
Dr. Jung-Yul Choi
International President





A message from:

Jerome Thompson

**Past International Director,
GAT Constitutional Area 1 Leader**

Thank you for leading your club. 2020 has provided many challenges. However, Lions are finding ways to continue to serve the community, engage volunteers and provide leadership opportunities to all members.

A few Lions have inquired as to why they have received this email. First you are a valued Lions Club leader, who deserves to be kept informed. Second, as the Global Action Team Leader for Constitutional Area 1, (USA and Affiliate Countries), I believe that if we communicate the needs of our association to Club leaders, we will begin to find success. Our association is as strong as our weakest club. Hence, it is the role of the Global Action team to support clubs, zones, and districts with tools and resources.

Who is the Global Action Team?

Your global action team consist of on Constitutional Area Leader, 14 Area Leaders, Your Multiple District Global Service, Membership and Leadership Chairs, your District Global Service, Membership and Leadership Chairs, and your Region and Zone Chairs. We have Lions at every level of our association ready to assist clubs, Zones and Districts in their pursuit of service, membership, and leadership development.

2020 - 21 Goals of CA 1

New Clubs - 200 (20 chartered in July and August)

New Members into existing Clubs - 44,000 (4,081 have been added YTD)

Retention of existing members -

Drop less than 43,000 (5,403 have been dropped YTD)

Service - Impact 25,000,000 lives (YTD we have impacted 2.9 million)

Service Reporting - Goal 75% of clubs report at least one service project (YTD 21% have

reported at least one service activity)

The data reveals that we have survived the first 16.67% of the year and reached approximately 10% of our goals. Hence, we have a little catching up to do.

What does the Global Action Team do?

We serve at the pleasure of our International Executive officers, who have empowered us to:

1. Assist Districts, Zone and Clubs in reaching their goals.
2. Facilitate Communication with Lions Clubs international Staff
3. Promote and share best practices
4. Encourage the empowerment of Zone Chairs
5. Assist Districts in implementing the North America Membership Initiative process.

Tools to Help Clubs Be part of the success

Your Global Action Team is available to help.

https://www.lionsclubs.org/en/resources-for-members/resource-center/global-action-team?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=c8f5ea2473ba4fc8adcb1a8f4b9b285&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

New Members Just Ask Club Quality Initiative

https://www.lionsclubs.org/en/resources-for-members/resource-center/club-quality-initiative?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=013be2712bb46abae69bec023f47891&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

NAMI Resource Page

https://www.lionsclubs.org/en/nami/resources?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=757e0a065f1d43ceb08454314a832ff4&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

Retention of Members

Service Journey

https://www.lionsclubs.org/en/start-our-approach/service-journey?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=c8f5ea2473ba4fc8adcb1a8f4b9b285&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

Service Launchpad

https://www.lionsclubs.org/en/start-our-approach/service-launchpad?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=360e64bdb9470c466ebf5468f&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

Reporting of Service

https://cdn2.webdamdb.com/mfd_2lhB2ifw68.jpg_gdf?v=1&utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email

Leadership Development

Learn

https://www.lionsclubs.org/en/resources-for-members/resource-center/lions-learning-center?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=31e62ae5f6af45cf9798ea735c3364a2&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

Virtual Learning Opportunities

https://www.lionsclubs.org/en/virtual-events-center?utm_source=Eloqua&utm_campaign=GAT_EN_GAT%20Constitutional%20Area%20Leader%20%20Email%20Request%20%28September%20Email%29&utm_medium=email&elqTrackId=104deade86494861a7a0b93657d2f0c&elq=d6648eb1897b4e48853d241fa784a72e&elqaid=16091&elqat=1&elqCampaignId=2197

Clubs working together in service



We distributed 3,500 pounds of food



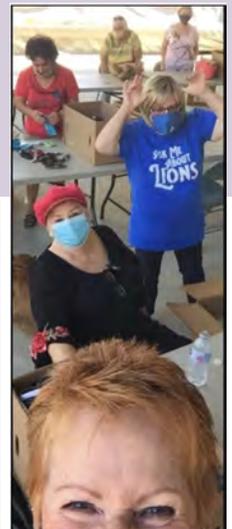
District 4-C3 in partnership with SEWAUSA provided us with food boxes which allowed our district to distribute over 11,000 pounds of food. The food boxes were picked up on Mondays and Saturdays over several weeks at their Hayward Warehouse. Food boxes were delivered to food pantries from one side of our district in Byron Delta all the way to the other side in Oakland. Each box weighed 35 pounds and contained milk, eggs, yogurt, vegetables, fruit and some precooked meat.

Lion Manil Babu Shrestha,
Shared the clubs food distribution project:

For the last couple of months, Sewa International has been hosting its drive-through food distribution event outside its office parking lot. The food distribution event was organized to help the most vulnerable families that are experiencing food insecurity in feeding their families during the COVID-19 crisis. So we just initiated our helping hand to outreach the community to distribute and support their program. So on October 12th, 2020, we picked up boxes of 35lb each to distribute in our community. Our District 4-C3's District Governor Bill Ridle, VDG James Varghese, 2ndVDG Linda Barbara, Darlene Ridle and other Lions were there when we arrived and the boxes were ready to load. We picked up 15 boxes. Our Club President Lion Kesar Thapa and I went to the location to pick up the boxes of packaged food but had not planned where to distribute since all the foods were perishable. I remembered the organization (WSWA) located in Oakland California, that always helped and supported the local low-income and needy communities. The organization is helpi the local community especially focusing on low-income service, domestic, in-home care, part-time and temporary workers since 1975. WSWA is entirely volunteer-run. I called the office to see if they need any food to distribute to the needy families, they said yes and we decided to contribute all the foods that we had brought for the distribution.

So in this pandemic time, lots of families have lost their jobs and living with just basic needs if we support them through them our service would go to the right family who really needs it. Feel proud to be Lion with a motto "where there is need there a Lion."

Report Presented By;
Past President Dhruva Thapa
Berkeley Annapurna



Sorting... 6 clubs represented! Brentwood, Byron Delta , Crockett, Discovery Bay, Oakley Delta and Antioch Rivertown Veterans. What service! →



Lions Zone Projects

ZONE PROJECTS: Is your Zone doing a project? Do you know which zone your club is in? Do you know who your Zone Chair is? The Governor's Service Contest will highlight a Zone each quarter for the Best Zone Project based on the information entered in MyLion.

ZONE 1 – Zone Chair Lion Mac Coates	
Clubs	Projects
Albany, Antioch Rivertown Veterans, Crockett, El Cerrito, Hercules, Richmond-Pinole, and Rodeo	Travis AFB Fisher House – Most Needed Items Travis Air Force Base Fisher Houses host 23 military and veteran families nightly at no charge to the guest families. Provides a home away from home for military and veteran families when traveling to receive medical care at no cost to the family (see flyer of most needed items). Collecting money and most needed items. Coming Soon - Arranging a trip to the Travis AFB Fisher House to present monetary donations and collected items. Notify Lion Darlene at darlene58@yahoo.com if you want us to pick up items. Will notify the clubs when the date is arranged.
ZONE 2 – Zone Chair Lion Govind Shahi	
Clubs	Projects
Alameda Breakfast, Alameda Yeti, Berkeley Annapurna, Berkeley Host, Berkeley Laligurans, Berkeley Makalu, and East Bay Mugunghwa Centennial	Cal Fire Fundraiser / Disaster Relief Project The California Fire Foundation is a non-profit 501 (c)(3) organization aiding fallen firefighter families, firefighters, and the communities they protect. Formed in 1987 by California Professional Firefighters (the largest statewide organization dedicated exclusively to serving the needs of career firefighters), the California Fire Foundation's mandate includes an array of survivor and victim assistance programs and public education initiatives. Raised \$1,545 so far. Goal is \$5,000 Facebook link https://www.facebook.com/donate/816128835641070/10221351297565240/
ZONE 3 – Zone Chair Lion Koshy John	
Clubs	Projects
Fremont Sagarmatha, Hayward Silicon Valley Indian, Oakland Chinatown, Oakland Montclair, San Leandro Mankamana, and Union City	Every Club President to come up with plans to implement projects from the items listed below in the coming weeks Distribution of Food Boxes to nearby places of need. A proposal to come up with a presentation that can highlight all the various activities done by Lions clubs so that new memberships can be added and reignite the current members in Lionism. An opportunity to help in serving in Union City on a weekday.
ZONE 4 – Zone Chair Lion Tony Hong	
Clubs	Projects
Amador Valley, Castro Valley Breakfast, Danville, Dublin, Fremont Dawn Breakers, Livermore, and Pleasanton	They have a couple of ideas for projects. Will keep you posted.
ZONE 5 – Zone Chair Lion Dan Rinaldi	
Clubs	Projects
Concord, Martinez, Moraga, Pleasant Hill, WC Diablo Valley, WC Rossmoor, and WC Ygnacio Valley	Dogs 4 Diabetes – Donations & Walk. Individuals and club donations as well as a virtual walk on August 2, 2020. Collected over \$500 in donations and 4 Lions did the virtual walk. Dogs 4 Diabetes Mission: Empowering insulin-dependent diabetics to live relentlessly awesome lives in safety with the support of their service dog. School Supplies for Belshaw Elementary – All seven clubs donated \$778 to purchase school supplies and a \$400 gift card from Target which was delivered to the school counselor to buy additional supplies for the school above and beyond the initial 100 plus bags that were put together.
ZONE 6 – Zone Chair Lion Lilyan	
Clubs	Projects - Looking at two Projects
Ambrose – Pittsburg, Antioch, Bethel Island, Brentwood, Byron Delta Discovery Bay and Oakley Delta	Kaleidoscope garden tool Shed – There is a great need for a garden shed for the tools, barrel, etc. used for the upkeep of the actual garden at Kaleidoscope. The mission of Kaleidoscope Cancer Connection (located in Byron, CA) is to establish and maintain supportive relationships with those who are living with cancer or other life-threatening illnesses. Website link: https://www.kaleidoscopehope.org Advent Calendar - The idea is that each day in December, leading up to Christmas (or a day or two depending upon your Food Banks preference), the members of each of the zone clubs prepare an Advent Calendar box of food (boxes are filled at home). The clubs collect and then deliver their boxes to their local food bank reporting to the Zone Chair how many boxes they donated.

TRAVIS AFB FISHER HOUSE WISH LIST

Due to our limited storage space, Gift Card donations give us the flexibility to purchase specific items when they are needed and assist guests with unique needs.

Household & Cleaning Items Laundry Detergent Liquid Dryer Sheets Cascade or Dawn Dishwasher Action Pacs Kleenex Toilet Paper Paper Towels Ziploc bags (1 gallon) 99 Gallon Trash Bags 13 Gallon Trash Bags Latex Free Disposable Gloves (size M) Liquid Disinfectant Spray Liquid Disinfectant Wipes	Personal Care Items Travel size Deodorant Hair Brushes / Combs Hair Ties / Bobby Pins Travel Size Hand Sanitizer Dental Floss Individual Toothbrush Nail Clippers / Nail Filers
Food Items Bottled Water Canned goods Individually wrapped snacks Diapers / Wipes Cans (regular size) K-Cups (variety) Tea Bags (variety)	Miscellaneous Items Batteries (AA) Batteries (9V) Postage Stamps

ZONE 1

THANK YOU FOR SUPPORTING TRAVIS AFB FISHER HOUSE FAMILIES

Donations are accepted at:
 House 2 – Building 792 Bodin Circle, Travis AFB CA 94535
 Monday - Friday 0800-1600
 For questions, please call: 707-423-7550

Join us on Facebook

EMERGENCY
CAL FIRE FUNDRAISER
DISASTER RELIEF PROJECT

By Zone 2, District 4 C3
Lion Club International & Lions Club of

Alameda Yeti,
Berkeley Annapurna,
Berkeley Makalu,
Alameda Breakfast,
Berkeley Laligurans,
Berkeley Host,
EastBay Mugunghwa

ZONE 2



ZONE 5



DOES YOUR LIONS CLUB HAVE A NEWSLETTER?

By Lion Darlene Ridle



A Newsletter is a good way to keep your members in contact as well as advertise what your club is doing. If you do not have a project for that month, highlight one of your club members. Talk about what type of events your club has done in the past. Ask the Lions in your club why they joined lions and print their stories. Remember to include pictures, we love pictures.

Your newsletter can be as no nonsense, or fancy, or high tech, as you like, it is your creation. While you are at it, send a copy to me at darlene58@yahoo.com and get it entered into the Newsletter Contest.

You will get points based on how you score in the different categories.

I have already started receiving some, but I would love to get more.

2020 - 2021 NEWSLETTER CONTEST

MASTHEAD, COVER OR HOME PAGE - Total Points 140	Points
Club Name, City, State	20
District Governor's theme	20
Editor's name, address, and telephone number	20
Newsletter name, volume #, issue #, date and category (weekly, bi-weekly, or monthly)	20
Roster of Club Board of Directors including phone numbers and email addresses	20
Time and place of club meetings	20
Zone Chair Officer Name and contact information	20
BODY - Total Points 180	Points
Ease of reading	60
Neatness and legibility	60
Organized material with captions	60
CONTENT - Total Points 680	Points
Club activities, upcoming events, club projects	50
Club President's message	50
Committee reports and/or Board of Directors minutes	50
Editorial items or inspiring quotations relating to Lionism	30
Inclusion of LCI motto, International President's theme (30 points each)	30
Photographs of Club, District or Multiple District 4 events	130
Program Announcement for next meeting	50
Visitations to other clubs	100
Zone, District Multiple District, or International Events	100
MAXIMUM POINT TOTAL	1,000

GLOBAL LIONS FORUM

Serving & Learning From Others Who Serve

An Independent Facebook Group



Group by Lions Virtual

Global Lions Forum >

PUBLIC GROUP · 5.5K MEMBERS

Have you joined this group on facebook? Many questions asked and answered from all over the world

<https://www.facebook.com/groups/lciCyberClubs>

Tell us your success story of taking a club that closed and reopening it with new members, how did you do it?

Is it possible to run all your club's online activities from a smart phone/pad? Must you have a computer & high speed internet?



We are wanting to start a cyber branch club. What service projects can members do when they live so far a part?

With Zoom, do we need to organize zones geographically, or can we do it based upon club size, specialty, or needs?

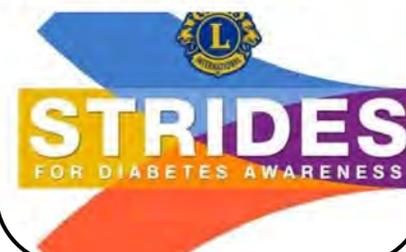
It is not the Job of prospective Lions to find us, it is our job to be visible & attractive and aggressively recruit them

Global Lions Forum

Narsimha Raju Dichpally
Yesterday at 2:02 AM

Strides for Diabetes Awareness Program has a new look, new logo, and updated resources! Check out the new webpage.

https://www.lionsclubs.org/en/start-our-global-causes/diabetes/strides?fbclid=IwAR0X_WVYeeTrCw-y7HCNy8QzHpR39L83b60-J6DzkUiYpKVEsv5zVzOISJA



Skip Zender Student Speakers Foundation

Student Speaker Foundation.

It's that time again, Student Speaker Contest. Hopefully all the clubs have ordered the packets for this year's contest.

As you may know, the scholarships that are given to the District, Area and State contest winners depend on donations from the Clubs, individual Lions and others.

There are 4 fellowships available depending on the level of donation:

Fred W Smith Fellow - \$500

Donald E Snyder Fellow - \$400.00

Dwight E Stanford Fellow - \$300.00

Harry J Aslan Fellow - \$200.00

All donations are tax deductible under 501(c)(3).

PDG Skip Zehnder



Lions Club International Foundation

If you need further information
or clarification please feel free
to contact the people
listed below



George Fosselius
(510) 965-5413
gfosselius@gmail.com
or
Linda P Wagner-Griffin
(510) 507-1080
pdglindagriffin@sbcglobal.net

Ray Oliver Lions Eye Foundation

THE LIONS EYE FOUNDATION—

PROTECTING AND RESTORING THE GIFT OF SIGHT

The Lions Eye Foundation of California-Nevada (LEF) has been in existence for over 60 years. Our mission is “To preserve and restore the gift of sight by providing free ophthalmic examinations, operations, and medication to the less fortunate members of our community.”



LEF has partnered with the Sutter Health/California Pacific Medical Center to provide excellent eye care to those who could not otherwise afford it. In the fiscal year 2019-2020 alone, LEF provided over \$5,215,760 of eye care procedures, including surgeries and medications, all at no cost to the patients.

I am proud to be part of LEF and I'm in my second year of a three year term as an advisor. Advisors, trustees, and officers are responsible for running the foundation, and while I gain much satisfaction in my role, what is even more gratifying is to see the impact we have on our patients and their families. When we were able to meet in person, patients and their families were invited to attend our gatherings and share their stories. The gift of sight meant that the patient would be able to return to productive work, would be better able to take care of their families and enjoy a higher quality of life.

You can be part of LEF by being a contributor. Don Stanaway Fellow, Don Stanaway Life and Helen Keller Fellow awards are available for different dollar amounts, but any contribution is welcome. Also, member clubs that participate can refer clients to us. Member club contributions are based on the number of members in the club. Thanks to our partnership with Sutter Health/CPMC, our patients receive eight dollars worth of care for every dollar donated.

Beyond that, we're always looking for Lions in our coverage area, Northern California and Nevada, to be advisors and trustees. For more information or for help in patient referrals, you can contact me at ray.oliver@att.net, our District 4-C3 Lead Trustee Tony Hong at tonyhong412@gmail.com, Advisor Chair Duke Dunham at ambroseduke53@gmail.com or Trustee Linda Wagner-Griffin at pdglindagriffin@sbcglobal.net.

Be sure to check out the LEF [website at http://lionseyefoundation.com/](http://lionseyefoundation.com/).

There's an excellent video there which explains more about what we do.

**EVER SINCE HELEN KELLER INSPIRED US TO CHAMPION
THE CAUSE IN 1925, WE'VE SERVED AND ADVOCATED FOR
THE BLIND AND VISUALLY IMPAIRED. NEARLY A CENTURY
LATER, THIS LONG-STANDING MISSION CONTINUES
UNHINDERED**

Lion Denny California Lions Foundation

Greetings fellow 4-C3 CLF Founding members . . .

The plight of so many Californians beset by various wildforees came right to my door as the 2nd largest wildfire in California history went right by our Fairfield home and caused us to be evacuated . . . it is hard to describe the flames, smoke and panic involved . . . thank Goodness we were spared

To answer the many questions we've received, " *Yes, the CLF has been active assisting clubs and districts serve those in need from the ongoing wildfires*":

1. CLF presently has \$40,000+ funds in the designated natural disaster account waiting for clubs and districts to request them for specific relief projects. I know that District 4-C6 has already received their requested \$5,000

2. Below is the Foundation request for wild-fire donations sent last Friday and already numerous clubs and individual Lions have donated almost \$10,000 in new donations for that particular purpose . . *please share!*

"Thanks" for ALL you are doing to support CLF . . .

"We Serve"

Lion Denny

District 4-C3 CLF Director

California has recently experienced nearly 11,000 lightning strikes in the last 72 hours and record temperatures. California firefighters are reportedly battling over 350 known fires and more than 60,000 California residents have evacuated because of fires that are burning about 780 square miles across the state. That's an area equal to about half the size of Rhode Island.

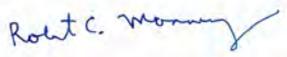
California Lions clubs are working with their local communities to serve and assist victims of these devastating fires. California Lions Foundation is ready to support our California Lions clubs as they serve their community and neighbors.

Your donation directly helps fire disaster victims, especially those victims that have been impacted so hard throughout the areas where the wildfires have destroyed their communities.

As a tax exempt charitable 501(c)(3) entity, the California Lions Foundation is here to provide you with the opportunity to help those in need.

Now more than ever we need to come together as Lions and help support our neighbors and our communities throughout California in a time of unprecedented need. Thank you for your support in these difficult times.

Sincerely,



PCC Rob Manning

President, California Lions Foundation

<https://calionsfoundation.org/donate?>

[ss_source=sscampaigns&ss_campaign_id=5f3f53e0a14f6c39e73e1875&ss_email_id=5f40062f8e6313673b444bca&ss_campaign](https://calionsfoundation.org/donate?ss_source=sscampaigns&ss_campaign_id=5f3f53e0a14f6c39e73e1875&ss_email_id=5f40062f8e6313673b444bca&ss_campaign)



California
LIONS FOUNDATION

Linda Griffin Lions In Sight



ARE YOU OR YOUR CLUB LOOKING FOR A SERVICE PROJECT?

Even though the Lions in Sight Warehouse is closed, we have a project that you can do either with outdoor social distancing or in the comfort of your home.

We have thousands of Zenni glasses that need to be removed from plastic bags and then put into apple boxes for shipment to Avenal Prison. The prison usually processes 30,000 glasses or more every three (3) months and our supply to send them product is depleted.

Thank you to Berkeley, Brentwood along with District Governor Bill Ridle and Darlene, Danville and Walnut Creek Ygnacio Valley Lions Clubs and Community Presbyterian Church of Danville for already supporting this project.

The process is easy and there is no time restriction for completion. You would determine the amount of glasses you want to do and pick them and returned to the Lions in Sight Warehouse in Vallejo.

Please contact Linda Wagner-Griffin at pdglindagriffin@sbcglobal.net if you would like to do this service project.

Eye glass collection has not stopped. If you are a regular collector of glasses, now is the time to contact the business you used to call on and see if they have glasses in storage. Optical facilities are beginning to open and we need to reach out and let them know we are available to pick up glasses.

If you have glasses that need to get to the warehouse, please contact Linda Wagner-Griffin at pdglindagriffin@sbcglobal.net. Special drop-off arrangements can be made.

We thank you for continuing to support Lions in Sight of CA/NV as we “bring the world from darkness to light.”

Mo Powers Lions Vision

LIONS VISION
Formerly OBC Resource Network

Schedule a program and find out what we do

By Maureen “Dr. Mo” Powers, Board President

Ever wonder what happened to the Lions Center for the Blind in Oakland after the doors were closed and services stopped? Well, our clients at the time went to other agencies; our furniture was donated to another non-profit; our important files and a few other items were put into storage; and the Board slogged on.

Determined to remain true to our mission, we morphed LCB into a virtual organization, even before COVID 19. We met in person in the beginning, but had no office or other space. And the “services” we offer now are direct to Clubs, organizations, and blind individuals – through grants-in-aid, information, and contact referrals available to all. Because we are no longer a Center, we changed our name. Check out the history and more at our new completely accessible website at www.lionsvisionresource.org.

In 2019, Lions Vision awarded around \$30,000 in grants to individuals with vision loss and the organizations that serve them. One research grant was also included in that year. This year, we gave out \$70,000 to 14 individuals and 4 organizations. The largest award (for a new vision screening device to expand their capabilities) went to LCVI. For Clubs, we also offer free information and supplies for White Cane Day, and for all, there is a resource database on our web site that shows contact information for blind-friendly merchants, doctors, sports outlets, and more. Our services make people happy and allow them to lead more productive lives. It’s very rewarding.

We are always looking for more Board members and volunteers. Give me a call or respond through the website. We meet virtually via phone conference on the third Tuesday of the month at 4:00 pm. Please call for more information or to set up a program for your Club.

Our Address: P.O. Box 27404, Oakland, CA 94602

Our Phone (still the same!) 510.450.1580

Richard Grange LCVI



LIONS CENTER for the VISUALLY IMPAIRED



The Lions Center for the Visually Impaired (LCVI), we are focused on all things voting. We know the upcoming presidential election on Nov. 3 is an important day for our country and our clients, and we are urging everyone to make sure they vote and let their voice be heard. Here are a couple of photos from recent posts on Facebook shared on social media to encourage everyone to get registered, get informed and VOTE, VOTE, VOTE.

Facebook Post for Sept 30

"Someone struggled for your right to vote. Use it." — Susan B. Anthony



Oct. 20 at 10am, LCVI will host a virtual event for all LCVI clients on the topic: Vote 2020. Clients will discuss their experiences with voting, get up to date information and can ask questions to a guest speaker from the county Elections Division. Any clients who need more information or assistance with voting will also be able to schedule a personalized (but impartial, of course) consultation with LCVI staff to make sure they are empowered to cast their ballot for Nov. 3.

Curious about why LCVI supporters and stakeholders vote? Here is what some of our clients, staff and board have to say about why they vote:

Linda P Wagner-Griffin, Lions Clubs International Foundation, District 4-C3 Co-Coordinator: "It is the way to support issues that affect my life and guarantees an opportunity to change. Hear my Voice."

Yolanda Braxton, Executive Director, LCVI: "I often think of a quote from former first lady Michelle Obama, as to why I vote – 'You've got to vote, vote, vote, vote. That's it; that's the way we move forward. That's how we make progress for ourselves and for our country.' So, I vote to bring forth all the wonderful possibilities of my community and nation. Voting is Power!"

Mac Coates, LCVI Client: "I vote because I can affect the laws to help more people, for us to be safer, for better health care, medical services, transportation, etc. especially for those of us on limited income. It is our privilege as a US citizen."

Tim Carroll, LCVI Client: "Why do I vote? Because we all have a voice. We can decide what kind of leadership and future we want. In this election there are clear choices to make for our country. We need more people to vote, so I encourage people to pray, ask God for wisdom, and go out and Vote!"

JoHanna Coriz, LCVI Staff: "I vote because it's important to me, and because my people weren't allowed to vote until 1962."

Charles "Duke" Dunham, LCVI Board President: "Your Opinion Matters".

Call the LCVI Office at 1-800-750-EYES, 925-432-3013, or email to info@lcvl.org to get more information on voting, or to learn more or register for the Virtual Events, Virtual Support Groups or other LCVI services. And one more thing.....

Don't forget to vote!
The Lionizer Page 16



There's no need for you to strike up a band,
For I rarely seek out the fanfare of man,
I simply have time to give away,
To all those in need, to brighten their day.

My time is my own.
I give it for free.
A volunteer I am.
A volunteer I'll be.

WORD SCRAMBLE

NNTKTSDA IESSREM 2 Words

RIYIESDTV 1 word

REVEE WS 2 words

VEGU TIBE YORS 3 words

From circled letters above

Find your bonus words below



Mac Coats Zone 1 Club news Albany Lampoon Lions Club

ALBANY LIONS AIDING FIRE VICTIMS



In recognition of the suffering associated with the multitude of fires the Albany Lions Club has voted a sizable contribution to the California Lions Foundation for fire victims. In addition to the Club contribution Albany Lions are encouraged to make personal contributions to the Albany Lions Foundation to be transmitted to the CLF for fire victims. Lions Ken Berner, Al Caruso and your editor have pledged contributions. Lion Treasurer Rich Stellina will be collecting member contributions until the end of the month and the Club contribution and member contributions will be transmitted shortly thereafter.

ALBANY LIONS AIDING FIRE VICTIMS



Lion Vince Lipinski presented Past President Jeff Shea with his K. K. Fukushima Award last Sunday. The Albany Lions also presented Fukushima Awards to Cliff and Vicky Redstone, Valerie Griffin. Ken Berner is also a founding member of the California Lions Foundation.

WORK ON BENCHES AT THE CROSS On Monday, Albany Lions along with District Governor Bill Ridle and Cabinet Secretary Darlene Ridle worked on refinishing the benches near the Cross on Albany Hill. It was a hot morning but President Pat lead the way followed by Lions Kevin Pope, Ken Berner, and your editor. Once we got the belt sanders moving we were able to strip that graffiti and go straight to the wood in no time. Thank you Gov. Bill and Darlene

DISTRICT GOVERNOR VISITS ALBANY



Below is a bench ready for varnish and Captain Ken Berner showing off his Naval leadership skill.



Pictured are Darlene Horn, Bob Nichols, President Patricia Brown, Ken Berner and the hardworking Kevin Pope. Photographer District Governor Bill Ridle.



Pictured above left are Darlene Horn and Kevin Pope and Gov. Bill sanding! Pictured above are your editor (left) and President Pat Brown.

The Albany Lions Club was pleased to welcome District Governor Bill Ridle and his corp of officers to our Club. It was a fantastic evening with Governor Bill noting the Club's history of service and his encouragement to continue that tradation. Lions Clubs are adapting and as a group we are undertaking some fantastic service projects and doing great things both directly and through donations. Donations to help fire victims are needed and Lions can contribute through the California Lions Foundation. The Governor was joined by 1st VDG James Varghese, 2nd VDG Linda Barbara, Cabinet Secretary Darlene Horn, Administrative Assistant - Specialty Clubs Manil Shrestha, Global Action Team - Service Chair Raymon Oliver, Zone 2 Chair Govind Shahi, Zone 3 Chair Koshy John, and Zone 6 Chair Lilyan Sequeira. Zone Chair Mac Coates did an outstanding job introducing the Governor. We also appreciated the information and encouragement from the other Cabinet members. We hope you will all come back and visit us again real soon!

BERKELEY FOOD PANTRY THANK YOU

Lion Treasurer Rich received a Thank You note from the Berkeley Albany Food Pantry. They write, "Your support ensures that we can continue providing help to our Berkeley and Albany neighbors during the COVID-19 pandemic and after. With gratitude,

Crockett Lions Club

Crockett Lions Club Update

At the beginning of her year as Crockett Club President, Aimee Henry took as her year's theme "Our Mission is Possible". In spite of the pandemic and all its ramifications, Aimee has made her theme a reality.

We are serving!

Our first outreach was to the Crockett Fire Department who asked for donations of water and Gatorade. A group from the Club delivered to them a pallet of water and one of Gatorade. We are ready to help again when the need arises.

We also have been participating in our Zone Project, supporting the Fisher House at Travis Air Force Base. For those of you who do not know, the Fisher House gives temporary lodging to family members of wounded soldiers who are receiving care at Travis. The Crockett Lions have gathered funds and supplies for the House, and plan to continue this support throughout the year.

Unfortunately or not we were faced with not having our popular September BBQ at the Old Homestead. We decided to turn it into a No Show Event. In this form the event brought close to 2 thousand dollars plus we received donations for our charity fund form from the John Swett Alumni. How lucky we are to have the generous support of the people of Crockett and Lion Lefty Alumni group

Recently we lost our oldest member, Lion Medoro Pagni turned 100 in late May. On his birthday the Club held a drive-by celebration for him that included a fire engine, a long line of decorated cars, music - live flowers and greetings. The family then served cake to those present. Sadly Lion Medoro ended his journey on earth a month ago. We miss him dearly but his love for his family, his zest for life, his devotion to Lions, and his locally famous pasta sauce will live on.

We continue to meet weekly on Zoom with an average attendance of 20. Our meetings are full of plans, Mac's singing, and a spirit of fun. If you would like to join us, please email Lion Dan Rinaldi (danrinaldi944@gmail.com) for an invite. We love visitors!

Submitted by Mary Desmond



Medoro Pagni
and the mobsters
at District Convention

The Lionizer Page 19

Pictures
submitted
by Darlene
Ridle



Crockett Lions
Donation to
the fire
Department



Antioch Rivertown Veterans Lions Club

Antioch Rivertown Veterans Lions Club – Flag Ceremony for a Marine Veteran

By Club President Jim Etherington



In January 2020 Vietnam Marine Veteran Dean and his wife Bess were referred to Veterans Affordable Home Ownership Program (VAHOP) to buy their first home. We sent the Snyder's to our preferred VA lender where they were pre-approved for a VA Loan. We spent the next few weeks looking for a home. I wrote 3 offers that were beat out by higher offers from civilians. By then COVID-19 hit in March and turned the real estate industry on its head. When the dust settled, and new mandates were adopted to shelter in place and the open house format terminated we regrouped and began doing only Internet home searches. I reached out to my network of agents and found a home that was coming



soon to the market but was not listed for sale yet. I made arrangements with the listing agent and owner to preview the home to take photos and make a video for my buyers. I met with the Snyder's an hour later and we sat in my car going over the photos and video on my laptop. They loved what they saw and so I put a pre-emptive offer together and presented it that day. The offer was accepted and never hit the MLS. Thirty days later we closed the escrow, and I met the Snyder's at their new home where I handed them the keys. They entered the home for the first time, and it was everything they wanted and more.

With the help of the Antioch Rivertown Veterans Lions Club, the flagpole was installed on Tuesday, Aug 25, and on Sat Aug 29th @ 1 pm VAHOP sponsored a flagpole ceremony with a uniformed color guard to raise the colors and branch of service flag in front of more than 35 Veterans, local dignitaries, family, and neighbors attending.

*Serving those who have served us.
Ensuring the American Dream for our Veterans.*

Offering Traditional and Specialized Real Estate Services to Civilians, Gold & Blue Star Families, Active Military and Veterans

<p>Mission #1</p>  <p>Bridging the wealth gap through home ownership is accomplished by improving existing homes and building affordable homes exclusively for veterans.</p>	<p>Mission #2</p>  <p>VAHOP donates a portion of its Real Estate commissions and home sales to Veteran Service Organizations (VSO) becoming an organization's largest donor.</p>	<p>Mission #3</p>  <p>Every 13th home VAHOP builds will be offered rent and mortgage free to a wounded U.S. Veteran with a severe service connected disability.</p>
--	--	---

Vietnam Marine Veteran Dean was referred to VAHOP by Sargent Nathan Johnson USMC, Contra Costa County Veteran Services Officer. Nathan has asked that the referral fee VAHOP donates to go to support the CCTV show Veterans Voices.

Govind Shahi Zone 2 news

Berkley Host Lions Club

If there is a Need, there is Lion



Berkeley Host heard about a Covid crisis brewing and selected the idea of providing Personal Protective Equipment (PPE) to the staffs of Berkeley senior facilities, board and care homes and eventually nursery schools and child care venues.



It was a catchy idea to pitch to our annual supporters. And we got 60% of our usual (Pancake Breakfast sponsor) donations.



So far we delivered 41 bags of PPE and have plans for another 30 deliveries. We're considering delivering also to some of the businesses who are struggling against county guidelines to reopen.



Join Us

@PeacefulMindPeacefulLife

If you have the chance to make people happy, just do it. Sometimes people are struggling silently. Maybe, your act of kindness can make their day.

—@WILLESSENSTAFF



The meaning of life



Be kind. Be fair. Be honest. Be true.
And all these things will come back to you. Always remember what goes around, come around.

Koshy John Zone 3 Club news

Silicon Valley Indian Lions Club



Silicon Valley Indian Lions in action.

Silicon Valley Indian Lions Club donated 300 backpacks with school supplies to many of the schools in Hayward School District for needy students.

It is not just about school supplies, it is a gift to children of the family living paycheck to paycheck. We want to make a difference in their lives.



Silicon Valley Indian Lions Club donated funds for the food for the old age home and funds for the education of the orphans at Jubilee Mandiram project in Kerala, India.

Oakland Montclair Lions Club

The Oakland Montclair Lions Club donated \$2,000 to feed 500 Haitian villagers for one month, on the Isle de la Torque, an island off of the northeast coast of Haiti.

The donation was made through Gift of Nature, an IRC Section 501(c)(3) philanthropic organization, dedicated to helping the poor in Haiti.

Donated \$ 1,000 to Lions Clubs International Foundation (LCIF) to honor Gary Miner, its Club President for 2019-2020.

Lion Annie Liu Wong, wife of PDG Gary C Wong, donated \$ 5,000 to Lions Clubs International Foundation (LCIF). This donation elevated the Oakland Montclair Lions Club to its new LCIF status as a 500% Visionary Model Club. That \$5,000 donation resulted in an LCIF grant of \$ 750 (15% of \$ 5,000) to the Oakland Montclair Lions Club.

PDG Gary C Wong, pledged \$25,000 to Lions Clubs International Foundation (LCIF) to become an LCIF Major Donor for the Oakland Montclair Lions Club.

Dr Maureen Powers, Oakland Montclair Lions Club, District 4-C3 Global Leadership Team Coordinator, with 1st VDG James Varghese, and PDG Gary C Wong, led several District leadership training sessions for Club Officers.

Submitted by PDG Gary C Wong

Oakland Montclair Lions Club

By Lion Maureen "Dr. Mo" Powers, Club Secretary

We are meeting at local restaurants with outdoor seating every other week: First Tuesday at noon, and third Tuesday at 6 pm. To join us, just contact me for the latest Zoom link.

Our famed Montclair Village Restaurant Walk was finally cancelled due to concerns raised by restaurants and patrons alike about spreading the virus. We are working with the Montclair Village Association to provide a holiday coupon booklet and to begin planning for an expanded restaurant walk in the spring.

Our Club installation in August was carried out virtually via Zoom, with Club officers and our Leo Club officers being installed by DG Bill Ridle. We were very pleased that the Leos could join us, and we are planning joint humanitarian aid to Haiti over the coming months. The Club also continues its mask distribution program and its assistance to the Good Shephard Helps project for seniors in Oakland.

We have a potential new member transferring in from her home club in Weaverville. She was active at the District level there and we welcome her interest in joining us as a Montclair Lion.

Finally, we are trying to arrange a virtual tour of the EBMUD sewage treatment plant in Oakland. We visited (in real time) the water treatment plant in Orinda previously, so now we want to learn about the other end of the system. Some of us are glad this is a virtual tour, it gets pretty smelly down there sometimes.

Anthony Hong Zone 4 Club news

Danville Lions Club

On September 12, 2020, the Danville Lions Club held a food drive benefiting the Food Bank of Contra Costa and Solano counties. We held it at 4 different locations and collected 1,547 pounds of food and \$815.00 in donations. Due to the pandemic and fires, the Food Bank was in need of supplies.

Submitted by, Nancy Bircher



Fremont Dawn Breakers Lions Club

Tri-City Volunteers Warehouse Community Service

Lions Tony, Mike, Stephen, and his daughter Emily volunteered at the Tri-City Volunteers Warehouse for two hours and serviced the following: 250 bags packed/nonperishable item



Pounds of Food
3750
Meals Served
3125
Food Product
canned/nonperishable food bag



Zoom Meeting
Executive Director – Debbie Carvalho-Rodriguez presented to our group in September
She talked about the Viola Blythe Center.

The Viola Blythe Center is a non-profit, nonsectarian corporation organized to promote, support and advocate social and human services to any person who is in immediate need. This mission is accomplished by a variety of programs, including emergency food and clothing distribution, referrals to other agencies, and special programs at Thanksgiving and Christmas.



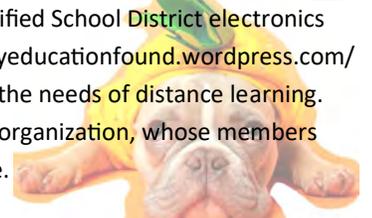
Viola Blythe helped homeless, helpless and hungry men, women and children in Fremont, Newark and Union City for over fifty years. The City of Newark provides Viola with a facility for warehousing and distribution of food and clothing. Viola has received tremendous recognition for her selfless service to the community, including Channel 4 "For Those Who Care" Award, J.C. Penney Golden Rule Award, Newark Volunteer of the Year Award, the Salvation Army "Others" Award, and the Junior Chamber of Commerce Distinguished Service Award. Her daughter, Debbie, is the Executive Director of the Viola Blythe Center.



Viola Blythe (1916–2002) Served as an example to all of us that "Service to Humanity is the Best Work of Life!"

Livermore Lions Club Submitted by Michelle Strong

The Livermore Lions Club Pet Costume Photo Contest is a fundraiser for the Livermore Valley Joint Unified School District electronics purchase program. We are helping the Livermore Valley Education Foundation <https://livermorevalleyeducationfound.wordpress.com/> towards a special fund to purchase necessary technology for students and faculty to effectively meet the needs of distance learning. The Livermore Lions Club is part of Lions Club International, a non-profit, service-oriented worldwide organization, whose members serve their local communities. We are looking for creative photos of your pet dressed up in a costume.



Dan Rinaldi Zone 5 Club news

Walnut Creek Ygnacio Valley Lions Club

Trinity Center: Walnut Creek daytime respite center for the homeless, put out a call, "We need water for our clients who must be outside in the heat, not in the center during the day."

So . . . First, we got a donation of 25 cases of water from Bill's Ace Hardware. This was delivered to Trinity immediately. Then 2 WCYV members, Manju and Dhakshan Potuhera, collected money from family and friends to purchase a pallet of water from Costco - 2000 bottles. This was also delivered to the center. TRINITY got its needs filled.

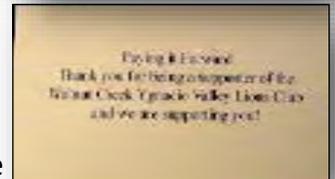
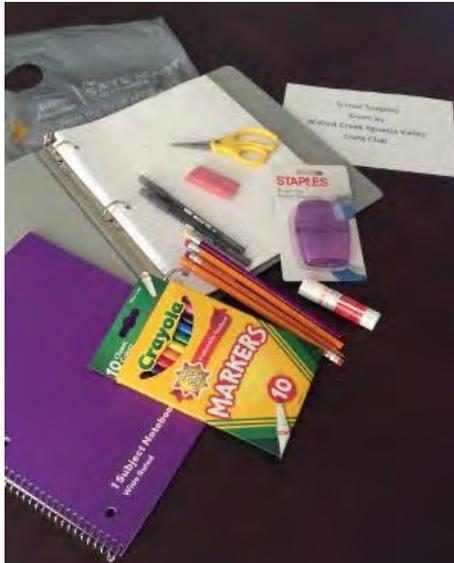


Refuge Food Pantry

(Parkhaven): The Pantry is providing food for about 175 families per week. One of their club member has access to boxes of canned goods, so a couple times a month she delivers the boxes to Refuge to help with their food supply.

School Supplies: Club members donated money and school supplies were purchased. 125 bags of school supplies (about \$500 dollars worth) were delivered. These will be given to children in the Refuge families, food pantry clients.

Pay it Forward: Club members are being given business size cards stating, "Thank you for being a supporter of the Walnut Creek Ygnacio Valley Lions Club and we are supporting you!" Each time we patronize a business that has supported us in the past, we give them a card to show that we are supporting them in these difficult times. Just a way to show our appreciation.



Walnut Creek Diablo Valley Lions Club

Club members contributed \$560.00 to the Zone 5 project plus an additional \$200 worth of supplies, donated \$175 to Dogs 4 Diabetes and donated over 300 towards other clubs fundraisers. Lion Michelle and her friend helped fill 118 tote bags full of school supplies.



Club donated \$1,000 to the District disaster relief fund earmarked for the fire victims, donated \$100 to LCVI, \$108 to LEF, \$96 to Ear of the Lion, supported 4 individuals through Lion in sight totaling \$160.00 and donated the last of 3...\$1,000 scholarships. Lion Jack makes donations to the Monument Crisis center and worked a food drive getting food for 250 people. Lion John Bates brings fresh grown produce to White Pony Express and



picks up and sorts glasses for L I S.

Lions Michelle and Phillis regularly attend Crockett Lions meetings. Lion Michelle spent 75 hours over the last two months making cards for the Veterans and their nurses for Halloween, Veterans day cards and working on Thanksgiving cards now. Michelle spent over 60 hours on the Lionizer publication too!



Walnut Creek Rossmoor Lions Club

Pandemic changes Rossmoor Lions Club operations, but not its desire to serve

As of October, Rossmoor Lions Club is on its eighth month of restricted activities in Rossmoor. Some facilities are gradually opening as Contra Costa County moves into the next phase, but all social and meeting buildings remain locked. We all feel fortunate to have access to the beautiful surroundings and outdoor facilities for our safe aerobic activities.

Our club has continued with a twice-a-month newsletter that contains news and articles from club members. Interestingly, the newsletter has allowed our club members to learn more about each other than when attending our usual lunch meetings.

The club launched an annual campaign titled, Lions Campaign 2020 in July to take the place of the club's annual fundraisers such as White Cane Day, Lions Breakfast, Antique Appraisals, and coffee/donut sales, that were prohibited during the pandemic. The goal of the campaign is to raise the thousands of dollars for outreach that we normally do so that our club can donate to the non-profits we usually support annually.

Rossmoor Lions worked together to create and mail donation request letters (LOTS of envelope stuffing!). We all contacted friends and family, near and far, to stress the need for donations during this crazy time. For four months we ran weekly articles in the Rossmoor News seeking Lions Campaign 2020 donations from Rossmoor residents. Each article described the various programs supported by Lions Club (e.g., Lions In Sight, LCVI, LCIF, LEF, Ear of the Lion, food banks, homeless shelters, etc.).

And it's working! Donations to Rossmoor Lions Club Foundation have exceeded \$15,000 and they are still coming in. Rossmoor Lions Club is extremely pleased that we will be able to continue with our 'normal' giving programs in 2020. That is a great relief to the club. If you would like to donate to the Lions Campaign 2020, please send your gift to Lions Club of Rossmoor Foundation, P.O. Box 2181, Walnut Creek, CA 94595

Rossmoor Lions' other piece of good news is the Rossmoor administration has given us the okay to resume eyeglass collections. We have a new outdoor location for our collection bin, easily accessible to Rossmoor residents. A team of Rossmoor Lions will collect, sort, pack and deliver the glasses for/to Lions In Sight. Since that's "what we do!" it feels great to have the collection up and running again.

Have you visited the Lions Point in Rossmoor? It's at the top of Golden Rain Road. It's a beautiful spot that Rossmoor Lions built in 1967 overlooking Mt. Diablo and the valley. (See ribbon cutting photo - suits and ties!) A Rossmoor resident recently donated a new flag for Lions Point that is now flying proudly.

In August, Lion S.Y. Huang completed the collection of the Rossmoor Lions scrapbooks. The books from the start of the club had been missing. He found 4-5 scrapbooks in his storage unit and passed them on to the club. The result is an amazing 50+ year history of the club in photos. It's fun to have.

In summary, Rossmoor Lions Club has gotten through the pandemic intact and will be able to continue helping those in need. That makes us happy. We've got some tentative plans for continuing to enhance Lions life and fundraising should the pandemic continue on into 2021.

Submitted by Leanne Hamaji

The photos are from 1967 at Lions Point, Rossmoor



Pleasant Hill Lions Club

Engaging Your Club During the Pandemic

We all know how difficult this pandemic has made things for Community Service Clubs. For the Pleasant Hill Lions, this has been no different. Most of our regular service activities have been cancelled or postponed due to COVID and our Club has not been able to serve our community as we have in years past. We have lost members due to lack of service activities which has also made enticing new members more difficult as well. Most of us are having to become a little more creative as we continue to move forward with no end to this pandemic in sight.

The Pleasant Hill Lions Club has come up with some alternative ways to encourage and engage our members. This has been done with Monthly Service Challenges. These mostly consist of small acts of kindness or service ideas that members can do on their own. In August, we walked in our respective neighborhoods and pick up trash on our route. In September, we encouraged small acts of kindness, like buying coffee for the person behind you or cooking dinner for a friend. In October, which we are calling "Sock-tober," we are keeping items in each of our cars to hand out to homeless in need like socks, underwear and toiletries.

Each of these challenges may not entice every member of your Club, but with the rotation of ideas every month, there will always be something for everyone. It is also fun to see what your members want to do. Each of us have our own reasons for becoming a Lion, and this is your individual time to shine! If you have a challenge idea, please share it with other members of your Club.

We have also been providing incentives for our members to participate: \$20 gift cards that can be accepted virtually. Especially gift cards for food delivery apps like DoorDash or Grubhub or even Grocery Delivery apps like Instacart.

Another way we have been engaging our Club is encouraging every member to donate blood and contribute to the Food Bank of Contra Costa and Solano County. Donating blood is one of the easiest things someone can do that will always be a necessity. You can make an appointment online with the American Red Cross. The wonderful thing about the Food Bank is that you can donate money, pantry items or your time. You participate in whatever way you are most comfortable with.

Though this year certainly has been unprecedented, it should not stop your Club from serving your community. Even though these are tiny actions, you can still captivate your Club. Remember that some big ideas have small beginnings and that a little step every day will eventually bring you to a mile.

**Pleasant Hill Lions partnered with
Pleasant Hill Grocery Outlet
for a food drive in October**



Lilyan S Zone 6 Club news



District 4-C3 – Zone 6

(NOVEMBER 2020 ISSUE)

Zone 6 has been very busy brainstorming ideas for our Zone Project. Some of the ideas being mulled over are a "Diabetes Walk/Stride," the "Kaleidoscope Garden Shed," and a "Reverse Advent Calendar." Zone meetings are occurring on a consistent basis to discuss zone project ideas, the status of each, and then at some point make a decision on which project(s) to move forward with. Details will be disclosed in the next issue of the Lionizer.

Although the COVID-19 pandemic has decelerated some Lions Clubs, there are many that are still very active in Zone 6 and others will be resuming their service projects the latter part of this year or in 2021. In the interim, I scoured the internet to find some "blasts from the past." What I found was astounding and both present and past accomplishments bear mentioning. Below are the individual articles from the seven clubs in Zone 6. Hope you enjoy.....

Ambrose Pittsburg Lions Club



Ambrose-Pittsburg Lions Club:



The club members have fun by holding several fundraisers throughout the year, including their pancake breakfasts, gourmet pasta dinner and the annual Bay Point Spring Carnival, usually held in late March/early April along Willow Pass Road in Bay Point. Watch for it and bring

your entire family! Ambrose-Pittsburg Lions Club:



1st Club Officers Installation in 1952

Although it has been very difficult during COVID-19, The Ambrose-Pittsburg Lions Club is hopeful that some of their projects will resume during the latter part of this year if not in 2021. Ambrose-Pittsburg Lions Club serves the Bay Point and Pittsburg California communities. The club was founded 68 years ago on July 1, 1952. They do several fundraising and service projects for both Bay Point and Pittsburg throughout the year. Service Projects have included the following:

- Sight Savers providing eye examinations and eye glasses to those who cannot afford it, working with the School of Optometry at UC Berkeley.
- Christmas Food Basket Program where they give a Turkey and all the "fixings" for a Christmas Dinner to needy families in Bay Point and Pittsburg. The club targets 50 families each year and work through local schools and social service organizations to identify those who should receive a food basket.
- Donations to local elementary school's uniform closet. The uniforms are given to students that cannot afford to purchase the required school uniforms.
- Graduating Seniors Scholarship Program, targeting seniors in high school who live in Bay Point and Pittsburg. The proceeds of the club's annual Spring Carnival benefit this program.
- Student Speaker Contest targeting high school students who are in drama or speech. There is a new topic each year and there are several levels of competition.
- Support for the Lions Center for the Visually Impaired in Pittsburg, which serves the blind and visually impaired in Contra Costa County, including craft and skills classes, one-on-one counseling to ensure independence in the home, and advocacy for those receiving the Center's services.

Antioch Lions Club



Antioch Lions Club:

Antioch Lions are men and women who are dedicated to voluntary community service. They are made up of people just like you! There are no restrictions on becoming a member, other than you must be an adult person of good moral character. All you need is a desire to become involved in Community Service.

Antioch Lions support sight programs and services including vision screenings, eye banks, eyeglass recycling, provide eye care services to those at risk of losing their sight, and raise donations through fundraising campaigns like Campaign SightFirst/Campaign SightFirst II.



What are some of the fundraisers of the Antioch Lions Club?

Crab Feed in January
 Contra Costa County Fair Concessions Stand
 Catering Bar-B-Qs and Dinners

Where does the money go? (A Partial List)

Antioch High School Football Camp
 Antioch Historical Society
 Antioch Police Department Canine Support
 Antioch Senior Center Eye Exams & Eye Glasses for the disadvantaged Hearing Foundation
 Lions Blind Center of Oakland
 Lions Center for the Visually Impaired in Pittsburg
 Lions Club International Foundation
 Lions Eye Foundation
 Ear of the Lion
 Loaves and Fishes
 Sight Savers
 Special Kids Fishing Derby
 Student Speakers Contest
 Wilderness Camp for Deaf Children

Discovery Bay Lions Club

Mission - To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.



Discovery Bay Lions Club:



Amanda J. Dove is with Kerri Mathews Martinez and Kerri Anne Kuipers **NEW** -- Delta Leos Club President, Wyatt Taylor, and Vice President, Tyler Martinez, delivering the Discovery Bay community donations from Callahan's to California fire fighters. (Delta Leos are the teenage arm of the Discovery Bay Lions Club)

Delta Sun Times LIONS CLUBS PARTNER FOR PANTRY

When the Delta Community Christian Food Pantry organizers told Lion Linda Barbara (2nd Vice District Governor) that they were offered a whole cow to feed those in need, but sadly could not accept it without a large enough freezer, she was motivated to action. Lion Linda challenged the Byron-Delta, Discovery Bay and Brentwood Lions Clubs to each raise enough money that they might collectively purchase a new freezer for the pantry. Today, the new freezer was delivered just in time for the large meat delivery and presented to grateful food pantry volunteers. The old freezer had lived out its life, as you can see from the photo below. All three clubs (Discovery Bay, Byron Delta and Brentwood Lions) as well as district leadership DG Bill Ridle were in attendance for the happy tears of thanks from volunteers as they accepted the gift. Bravo, Lions Clubs! The Lions Club International motto is "We Serve!"



Brentwood Lions Club



Brentwood Lions Club:

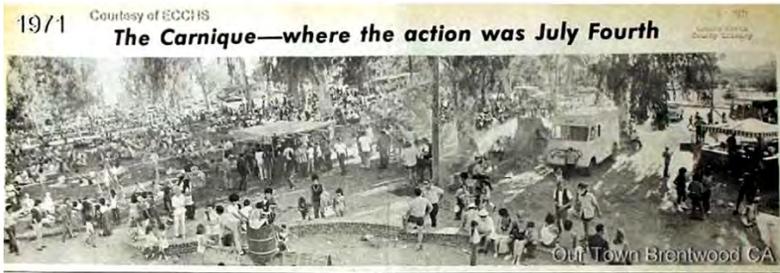
The Brentwood Lions Club was chartered 91 years ago on September 9, 1929, and since that date has served the community of Brentwood, California. The organization strives to live up to our Lions credo, "We Serve" and the Brentwood Lions Club is keeping just as busy as ever. Some past and present projects and events are noted below.



Below was the first Brentwood Chamber Craft Beer Festival in October 2014 where the Brentwood Lions Club volunteered to help wherever they were needed. Rod volunteered to pour beer. I'm sure there were more volunteers other than Rod for beer-pouring.



It was July of 1959, 61 years ago, and the Brentwood Lions Club sure knew how to throw a party.....The "Carnique" for the 4th of July. Obviously they still do.



The Brentwood Lions Club
cordially invites you to
a 1920s themed celebration of their
90th Anniversary
Saturday, March 14th, 2020 from 6 to 10pm
Nines Restaurant, Brentwood

\$60.00 per person by February 14, 2020
\$65.00 until February 28, 2020
All tickets sold after 2/28/20
No host cash bar

Wait till next year when Brentwood Lions can finally celebrate their postponed 90th year as a Lions club. We'll be sure to keep you posted.



TUESDAY, MARCH 6, 2018
Brentwood Lions Youth in Government Mock City Council City of Brentwood – Local Government

Tickets available at www.LCOBW.com and find the 90th anniversary page

Please RSVP names of all in your party to weserve@LCOBW.com



- 1920s Costume Contest!
- Photo Booth!
- Silent Auction!
- Charleston Dance Contest!
- Keynote by Dr. Bill Iannaccone



Committees, projects and sponsorships:

Youth in Government, Eye Exams and Glasses for the Needy, Special Kids Day, The Liberty Lions Band Boosters, Diabetes Awareness, Student Speakers Contest, College Scholarships for Local High School Students, Local School Needs, United States Flag Day and Thanksgiving and Christmas Food Baskets

Brentwood Lions Club continued

Drop-off locations for collection of outdated prescription glasses and hearing aids: The New Brentwood Library, California Eye Clinic, Central Blvd, California Eye Clinic, Antioch Branch, Brentwood Eye Care, John Muir Pkwy, Brentwood Golf Club at the Nines, Summerset Drive, Delta Vista Optometry, Chestnut Street, Balfour Vision Optic, Balfour Road, Dad's Café, Second Street and Resurrection Ministries, Fairview Avenue

Brentwood District 4-C3 Leaders



ZC Fred Ginsler
2017



Reg Chair Dave Ciruli
2018



ZC Rod Linn
2019



ZC Lilyan Sequeira
2020

Byron Delta Lions Club

RECENT BLOOD DRIVE A HUGE SUCCESS! Per Madonna Leeper our chairperson for the Blood Drive we succeeded in reaching our goal with both donors and units of blood donated!



The event held at Saint Annes Church in Byron hosted by the Red Cross saw 37 donors and collected 37 units of blood. With the number of units collected, they will be able to serve 111 people! We had record numbers of our Byron Delta Lions donate blood and as well as a number of first-time donors at this blood drive. While the event was in-progress we were able to sign up 26 donors for our next blood drive scheduled for Dec. 16th at St. Anne Church.



While the event was in-progress we were able to sign up 26 donors for our next blood drive scheduled for Dec. 16th at St. Anne Church.

BABY SHOWER WAS A SUCCESS:



Due to social distancing this year it was a "drive by" drop off prior to our monthly general meeting. A huge thank you to Marlene Willmes for chairing this fun event along with help from Rose Vieira and Sharon Soto for assisting. Rose made these incredible cookies as a Baby Shower Favors to thank those who dropped off items. A huge donation for the Contra Costa Regional Medical Center! Thank you all for your amazing generosity!



Celebrating 28 years of service! Started in 1992! WORKING TOGETHER...HELPING OTHERS.....

Byron Delta Lions Supporting Lions Center for the Visually Impaired

WE SERVE OUR COMMUNITY: Delta Christian Community Food Bank; Operation Creekside; Flag Day & Read Across America; Peace Poster Contest; Vision Screening in Pre, Elementary and Middle Schools; Rudy Award; Special Kids Day; Student Speaker Contest

WE SERVE HE VISUALLY IMPAIRED: Guide Dogs of the Desert; Lions Club for the Visually Impaired; Lions Club Intl Foundation; Lions in Sight; Sight Savers

WE SERVE THE DEAF & DISABLED: Canine Companions for Independence; Ear of the Lion Hearing Foundation; Wilderness Camp



Byron Delta Lions Club continued



The Byron Delta Lions Club continues to be one of the most active clubs in Zone 6 with their club projects like blood drives, their creative advent calendar, food drives, etc. I was able to find lots of memorable events and fundraisers, and my all-time favorites were their tea parties and fashion shows.



Byron Delta always has great meetings but in September it is especially fun because that is their annual baby shower. For the past 17 years there is a baby shower for everyone to enjoy and have fun shopping for babies. The Martinez County Hospital needs newborn layette items, so the newborn babies have something new to go home in. Everything from hats, booties and blankets are brought to give.

Byron Delta always has great meetings but in September it is especially fun because that is our annual baby shower. For the past 17 years there is a baby shower for everyone to enjoy and have fun shopping for babies. The Martinez County Hospital needs newborn layette items, so the newborn babies have something new to go home in. Everything from Hats, booties and blankets are brought to give.



Bethel Island Lions Club



Bethel Island Lions Club:

Bethel Island has not been able to meet during these trying times at their normal club location; however, you cannot dismiss the fact that they are indeed an active club with past projects and events such as their famous Bethel Island Lions Corn Beef & Cabbage, spaghetti, lobster and crab feed dinner fundraisers. However, I came across something worth mentioning. Lion Doug Lawler is thus highlighted in this issue for 2019. Let's wish this club continued success when restrictions are finally lifted and they can resume their service projects.



Doug Lawler created a fundraiser for "Wounded Warrior Project"

December 21, 2019 · Facebook Fundraisers

For my birthday this year, I'm asking for donations to Wounded Warrior Project. I've chosen this nonprofit because their mission means a lot to me, and I hope you'll consider contributing as a way to celebrate with me. Every little bit will help me reach my goal. I've included information about Wounded Warrior Project below. Wounded Warrior Project is a nonprofit organization whose mission is to honor and empower Wounded Warriors; WWP serves to raise awareness and enlist the public's aid for the needs of severely injured service men and women; help severely injured service members aid and assist each other; and provide unique, direct programs and services to meet their needs. Doug was successful in raising \$400. Outstanding.

These Lions are keeping busy and I couldn't be more thrilled to be working with these clubs as their zone chair. Each club is unique in itself and as such stands out individually. Keep up the great work Lions. Stay tuned, more to come next issue of the Lionizer.....

Oakley Delta Lions Club



Oakley Delta Lions Club:

Oakley Delta Lions Club meetings are normally held at the Oakley Senior Center, 215 Second St., Oakley (entrance and parking in rear of building) on the 4th Wednesday each month at 7:00pm; however it has been difficult to come to a mutual agreement with the Center to continue to meet there. In spite of this little "hiccup" the club continues to move forward.

Oakley as of this writing has brought in three new members: Barbara G. Sparks 07/29/2020, Laura Agdanowski 09/01/2020 and Laura Medina 09/01/2020. Great job and welcome new members to Oakley Delta Lions Club.

Sue Higgins is with Dolores Dee Hicks and Barbara Webster Sparks 09/23/2020
 Tonight we had new members' packets and sponsors
 Welcome to Oakley Delta Lions: Barbara Webster Sparks,
 Laura Medina and Laura Agdanowski



Submitted by: Lilyan Sequeira & Zone 6 Clubs

I am Dee Hicks, President of the Oakley Delta Lions Club.



I recently was visiting my daughter in Tennessee. While there we attended a fundraiser for the Lewisburg, Tenn. Lions Club. It was a Pancake Breakfast at a large craft faire, in a park. They had a stage with a band, pony rides, face painting for children and lots of goodies to purchase.

After the pancake breakfast the Lions immediately started a Hamburger lunch, so they were quite busy. When we purchased our tickets I asked the 3 gentlemen selling them if one of them were the President of the club. Well, the club President was part of the band and would be on stage for a long time, but they showed me his wife, who was busy making hamburger patties.

I introduced myself and told her I would like to give the club President one of our District Governor, Bill Ridle's pins.....there were about 6-7 people at the stand...I have never been prouder to be a Lion.

I was so welcomed by each of them, all with lots of questions about our district. One of the men working looked at all of their vests and took a pin off of one of the members vest to give to me...promising her that he would get another one!

I also attended a club meeting in Connersville, Tenn. They were disappointed that they had to cancel their yearly Halloween in the park for the kids. Also, this club does a large horse show once a year that is their big fundraiser and due to this Covid, it had to be cancelled. They asked what kind of things we do here in Calif....(one thing that kind of floored me)....I said how much I love raffle baskets and that they are pretty much 100% profit...well....I was quickly told that 'the state of Tennessee does not allow any kind of gambling' and that was not anything they could do...who knew! (the only gambling in Tenn. is the state lottery - no church bingo's...just the state lottery) I also gave the President of the club one of our D.G.s pins and a ball point pen to both clubs Secretaries.

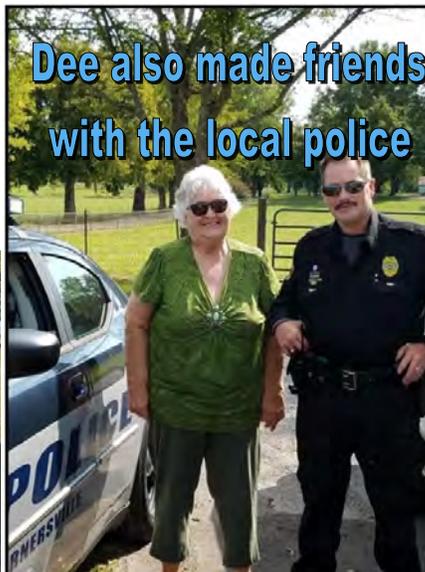
But my point here is that Lions from both clubs were so inviting and so very friendly, as has been the case in meeting Lions everywhere....we truly 'rock'!!

We are not alone in trying to deal with this new normal.

Lion Dee Hicks



Dee also made friends with the local police



Don Kiang on the Leos

DISTRICT LEO REPORT

Congratulations to the Discovery Bay Lions Club for chartering our newest Leo club which is one of the few non-school based clubs in District 4-C3. In August we convened our first Leo District meeting featuring the Leo officers and members of the John Swett High School (Advisor Pat Murillo) and Oakland High School (Advisor Mo Powers). Needless to say this portends to be a very unusual school year with most students attending school virtually with Leos sponsors and advisors needing to be creative in providing volunteer activities within each community. The Moraga Lions Club (Advisor John Baitz) is planning to have a drive by crab feed with the Campolindo High School Leos assisting. The Montclair Lions Club is planning a restaurant walk next year with the Oakland High School Leos helping to sell passports and advertise the event. The photo above was taken last spring just before the pandemic. Shown in the photo from left to right are Leo advisors Don Kiang (Alameda HS and California Crosspoint Academy), Mo Powers (Oakland HS), Neil Desmond (John Swett HS) Dan Hagan (Campolindo HS), Mary Desmond (John Swett HS) Mike Hale (5 Fremont High Schools), Lisa Cosso (Contra Costa College), Viji Gopakumar and Gopa Kumar (Fremont high Schools). The goal of the District is to provide leadership and cross communications with Lions to ensure that each Leo club is volunteering and participating in community service. Hopefully we may be able to plan a District Leo convention in the not-to-distant future.



District 4-C3 currently sponsors 16 Leo clubs including one junior college (Contra Costa College) and the aforementioned Discovery Bay Leo Club. MD-4 Council Chair Claudia Miller has set up a Youth Protection Policy & Procedure for all Leo advisors within the state of California to comply. These mandatory precautions are aimed to reduce risk to youth, create a safe environment for youth who participate in Lion activities, and include a background check, tuberculosis test, and BSA online youth protection training certification. Immediate Past District Governor Duke Dunham has been named the District Youth Protection Officer under the guidance of District Governor Bill Ridle.

Lastly, volunteers are needed for the 2021 MD4 Youth Exchange Camp between July 6-11, 2021, at Camp Pacifica. Please contact District Youth Exchange Chair Frank Ma for more information.

Yours-in-Leoism,

PDG Don Kiang
District Leo Coordinator



Ryan Lee, Justine Meyer, Marina Rago, Ms. Sarah Morgan (Leo Advisor), Amelia Asuncion, Lani Balinag

Campolindo Leo Club send letters to Veterans.

On October 28, 2020 the Campolindo Leo Club joined other community groups in writing THANK YOU letters to Lamorinda Veterans.

The program was organized by VFW Post 8063 in Lafayette and the letters will be mailed to arrive by November 11 to honor those who have served.

For more information about the Campolindo Leo Club, contact Lion Bob Murtagh, Lamorinda Lions.



TOP TEN REASONS TO PERFORM RANDOM ACTS OF KINDNESS

By Lion Darlene Riddle



- 1. Performing a random act of kindness for someone makes you feel good**
- 2. Performing a random act of kindness can help take your mind off your own problems**
- 3. Performing a random act of kindness may start a chain reaction of others paying it forward**
- 4. Performing a random act of kindness may be repaid just when you need it from someone else**
- 5. Performing a random act of kindness just might make you a better person**
- 6. Performing a random act of kindness may change that person's life**
- 7. Performing a random act of kindness when viewed by others may renew their faith in humanity**
- 8. Performing a random act of kindness for another person is the right thing to do**
- 9. Performing a random act of kindness will add more meaning to your life**
- 10. Performing a random act of kindness does not usually cost any money and the value is priceless**



WHY IT PAYS TO BE A LION

By District Governor Bill and Cabinet Secretary Darlene

Throughout the years of being a Lion there is a question that always comes up. **Why do we pay to serve?**

We pay dues so that **funds donated to us from the public are donated without administration costs** unlike many other organizations.

We pay dues to **Lions Clubs International**, to be members in the largest service organization in the world and that provides many benefits. Below are some that we thought of just off the top of our heads.

Access to grant funds Access to International Speakers at Conventions (local as well as internationally) and now speakers available via video (YouTube) as well as ZOOM with our International Leaders

Access to training and educational materials Fundraising / Service Guides

Inspirational videos

Legal Department

Lions Magazine

Lions University

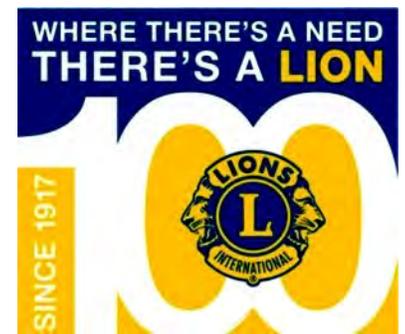
Member Services

Networking

Public Relations

Insurance coverage for events at no cost (*excludes liquor liability*)

Unity for common causes – the power of many to produce change and provide help for those in need across the globe



Why do we pay dues **to Multiple District 4?** Half of the dues that we pay come back to our district to help our district with expenses and the other half support activities and expenses at our Multiple District. Below are costs we may incur at our District Level.

Associated costs with local Convention (speakers, program, etc.)

- Communications costs associated with website, constant contact,
- District Auditor
- District Awards
- District Directory (minus funds collected from the Ads)
- District Leo Awards
- Global Leadership Team expenses
- Honorariums
- Paper, Postage
- Peace Poster Award
- Printing costs
- Student Speaker awards for Zone Region and District levels
- Training



Take advantage of the many benefits that your membership affords besides the number one reason we serve to help another in need.

ARE YOU READY FOR AN EMERGENCY?

Build A Kit

After an emergency, you may need to survive on your own for several days. Being prepared means having your own [food](#), [water](#) and other [supplies](#) to last for several days. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.

Make sure your emergency kit is stocked with the items on the checklist below. Most of the items are inexpensive and easy to find and any one of them could save your life. Headed to the store? [Download a printable version](#) to take with you. Once you take a look at the basic items consider what [unique needs](#) your family might have, such as supplies for [pets](#) or [seniors](#).

Basic Disaster Supplies Kit

To assemble your kit store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

A basic emergency supply kit could include the following recommended items:

[Water](#) (one gallon per person per day for at least three days, for drinking and sanitation)

[Food](#) (at least a three-day supply of non-perishable food)

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to [shelter in place](#))
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to [turn off utilities](#))
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery
- Download the [Recommended Supplies List](#) (PDF)

Additional Emergency Supplies

Since Spring of 2020, the CDC has recommended people include additional items in their kits to help prevent the spread of coronavirus or other viruses and the flu.

Consider adding the following items to your emergency supply kit based on your individual needs:

- [Masks](#) (for everyone ages 2 and above), soap, hand sanitizer, disinfecting wipes to disinfect surfaces
- [Prescription medications](#)
- Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Prescription eyeglasses and contact lens solution
- Infant formula, bottles, diapers, wipes and diaper rash cream
- Pet food and extra water for your pet
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate and sturdy shoes
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children

Maintaining Your Kit

- After assembling your kit remember to maintain it so it's ready when needed:
- Keep canned [food](#) in a cool, dry place.
- Store boxed food in tightly closed plastic or metal containers.
- Replace expired items as needed.
- Re-think your needs every year and update your kit as your family's needs change.

Kit Storage Locations

- Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and cars.
- **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
- **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a "grab and go" case.
- **Car:** In case you are stranded, keep a kit of emergency supplies [in your car](#).

ENVIRONMENT

By Lion Darlene Ridle

Whether you believe that Global Warming is fact or fiction, there is no doubt that across the globe we have been experiencing record temperatures and weather that is unusual. Environment is one of the five Global Causes that Lions Clubs International has asked Lions to focus their efforts.

Our District Environmental Chair, Lion Manohara Thapa (Berkeley Makalu Lions) will be providing more information on projects we can be involved in as we are able to get out and do more in our communities. Lion Manohara will share her plan at our next **District Meeting on Saturday, November 14th**. Mark your calendars.

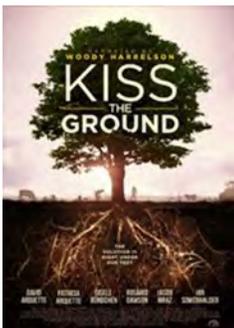
In the meantime, you are probably saying to yourself **what can I do, as one person in a Pandemic**, many of us are not even leaving the house. I challenge the Lions, Leos, and Lioness to add at least one green habit to their daily lives. Inspire others by sharing your actions on social media. **Habits might include:** – Using a reusable water bottle or coffee mug rather than disposable products. – Changing to energy-saving light-bulbs. – Setting a time limit for your shower to reduce water consumption. Here are some other ideas of things to do in your home. Start out slow with one or two items. It all helps.

Home

- Adjust heat/air conditioning thermostats two degrees to save 2,000 pounds of carbon dioxide a year.
- Change heating filters to save 350 pounds of carbon dioxide a year.
- Insulate your home. Have an energy audit.
- Purchase energy-efficient appliances.
- When not in use, turn off electrical appliances.
- Replace incandescent light bulbs with compact fluorescent light bulbs to reduce energy consumption 60%.
- Use rechargeable batteries.
- Reduce the temperature of water heaters by 10 degrees.
- Install water-saving devices in showers and toilets.
- Wash only full loads of laundry.
- Wash clothes in warm or cold water. Use low phosphate laundry detergent.
- Use cloth baby diapers.
- Use cloth dishtowels and napkins instead of paper towels and napkins.
- Plant a vegetable garden.
- Purchase locally grown produce.
- Purchase items in bulk.
- Use reusable string or fabric shopping bags.
- Give excess paint to a friend.
- Pay bills online.

If you have Netflix, I encourage you to watch the documentary film – KISS the Ground.

A revolutionary group of activists, scientists, farmers, and politicians band together in a global movement of “Regenerative Agriculture” that could balance our climate, replenish our vast water supplies, and feed the world.



Let our Environment Chair Manohara (manothapa@gmail.com) know how you are doing and if you have ideas. We can each do something.

SERVICE PROJECT WHILE SHELTERING IN PLACE

LOOKING FOR A SERVICE PROJECT

By Lion Darlene Ridle, Antioch Rivertown Veterans Lions Club

I am always on the **look out for projects** that can be done on **small or large scale, by one or by many, alone or in a group**. I do not have a talent for sewing and for those of you like me you may be interested in this project. I am planning to make **no sew throws (lap blankets)** for the core clients of the Lions Center of the Visually Impaired and for the **Long-Term Care Veterans in Martinez**. So far I have a couple of helpers. I welcome anyone who wants to join in or if you want to take the idea and incorporate it for your own club for another group that is great. You can make the blankets in a group or make the blankets on your own.

Here are some ways that anyone can participate.

- Help make the blankets
- Donate towards supplies
- Or do both

INSTRUCTIONS - You will need the following:

Fleece – Anti Pill Fabric (**solid and pattern** – 1 ½ yards to 2 yards each for one blanket)

Scissors

NOTE: I purchased my fabric from JoAnn's Fabrics on sale. The fabric was pre-cut in 2 yards pieces so decided my blanket would be 2 yards instead of 1 ½ yards (one less item to cut)

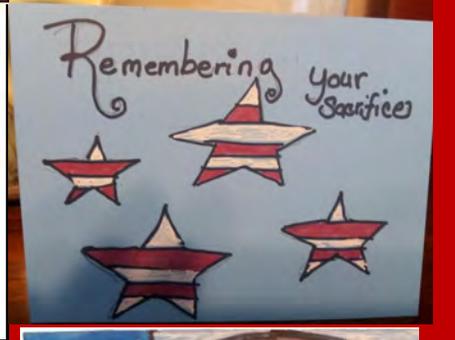
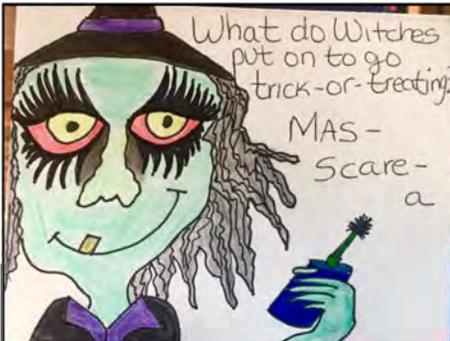
1. Place each sheet of Fabric with the good side facing out (one on top the other on the bottom)
2. Cut a 7" square in each corner (both pieces of fabric together)
3. For the next step it may be helpful to make a guide that is 7 inches in depth

with a mark every 1 inch to represent the cut. Cut one-inch tabs from one corner to the next (this will leave you with one-inch tabs that can be tied together (top and bottom)

4. If you are working in a group you can put the fabric across a large table and people can sit around the fabric and tie the tabs together or you can work on it on your own or with one other person



CLUB PROJECT DURING SHELTER IN PLACE WE MADE HALLOWEEN CARDS FOR VETERANS & THEIR NURSES AND NOW WORKING IN VETERANS DAY AND THANKSGIVING CARDS FOR OUR VETERANS





Editors Page



In your own backyard

You all know the phrase "Stop and smell the roses" If you don't stop and take a look at the beauty around you you'll miss something unique and unforgettable.

Song Lyrics from Jeremy Camp *"Oh Lord keep me in the moment, Help me live with my eyes wide open 'Cause I don't wanna miss what You have for me, Oh Lord show me what matters"*

Next time you walk out to your car in a rush out to your task, stop, look and take in the beauty before you. A flower pushing up through cement, the laughter of a child, a neighbor saying "Hello" or as simple as you didn't forget your keys.

There is always something to be thankful for.

These pictures are from the back yard which means I did.. Stop.. Look...and cherish what there is to see.

Look around and you will see

The beauty just waiting for you and me

Cherish the moments that pass you by

And hold them eternally in your minds eye

There'll always be something to make you smile

If you just take the moment to pause for a while

Be thankful for your life and the

gifts it bestows

And count your blessings that God only knows

Submitted by your Editor

Michelle Strong



Richmond-Pinole Lions invite you...

to help "SAVE THE TURKEYS"

by NOT attending our annual Thanksgiving Dinner Fundraiser this year.



All donations will go to community projects, including:

- Eyeglasses for those in need
- Lions fire disaster relief fund
- Local Food Banks

Accepting Donations through November 30th

Please make checks payable to Richmond-Pinole Lions Club
Please write "SAVE THE TURKEYS" in the check memo

ONLINE DONATION CLICK HERE

Or type this in your browser:
<https://www.eventbrite.com/e/save-the-turkeys-tickets-124784011337>



If you need additional information please call Lion Joni 510.206.7056

Richmond-Pinole Lions Club SAVE THE TURKEYS Donation

Make check payable to Richmond-Pinole Lions Club
501(c)(3) tax deductible donation

NAME: _____ DONATION AMOUNT: _____

ADDRESS: _____

Please mail to: Lion Joni Shattuck
1525 Buckeye Ct
Pinole, CA 94564

Need additional information??
Call Lion Joni
510.206.7056

LIONS CENTER FOR THE VISUALLY IMPAIRED

GAME NIGHT

First Friday on the Month Virtual Event

Nov. 6 (Fri) at 5pm

Join us for a night of games, laughter friendship and fun.
We will play Blackjack, Word Games, and "AceyDeucey"
dice game.

All in fun!!!

Call: 669-900-6833

Meeting ID: 925-432-3013

Passcode: 3013



175 Alvarado Ave,
Pittsburg CA 94565
925-432-3013
or 1-800-750-EYES
rgrange@lcvi.org
www.lcvi.org



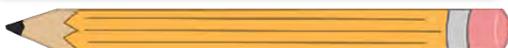
Fellow Lions,
I'm working on a research project on children's vision that is sponsored by the National Science Foundation. Part of the project involves interviewing parents or grandparents of children ages 8 to 13 to find out how they are helping their kids with reading or attention problems, and how that might relate to vision. The interview would take only

10-15 minutes, and can be carried out either by phone or video chat (e.g., Zoom).

Please contact me if you are interested: 510 772-4911
or mopowers@yahoo.com.

Thanks!
Lion Mo

Maureen Kennedy Powers PhD FCOVD FAO FARVOSenior Scientist & Director of Research, Gemstone Foundation President, Eyes in Sync LLC President, Lions Vision Resource Network Global Leadership Team Coordinator, Lions Clubs International District 4-C3 Phone (510) 772-4911



El Cerrito Lions

VETERANS DAY

Placing of Flags

to Honor U.S. Veterans

Sunset View Cemetery

101 Colusa Avenue

El Cerrito, CA

Wednesday November 11, 2020

8:00 am rain or shine



Come one! Come all! - We invite Veterans, community members, parents, kids, Cub scouts, Boy and Girl scouts, and Lions. Please let us know you will be attending. Sorry no refreshments this year. Bring sharp object i.e. screwdriver for placing flags. Lion John 510-685-4857 (leave a message).

PLEASE WEAR A MASK.

UPCOMING EVENTS MARK YOUR CALENDARS

NOVEMBER 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 LCVI Game Night	7 MD4 Lead- ership Summit
8	9	10	11 Veterans day. El Cerrito Veterans Celebration	12	13	14 District Zoom meeting 10am am World Diabetes Day
15 Peace Poster Contest Deadline	16	17	18	19	20	21
22	23	24	25	26 Thanks- giving	27	28
29	30					

Antioch
Rivertown
Lions
Club

ANTIOCH VETERAN'S DAY
Celebration
November, 11

- 10:00 - 11 Veteran's Day Commencement - Antioch Marina
Note: Please stay in car and listen to the radio FM 87.9
- Self guided tour of Antioch's Veteran Memorials
 - Antioch Veteran Memorial (Antioch Marina)
 - Antioch Historical Museum -1500 W. 4th St.
 - WWI Memorial (Contra Costa County Fairground)
 - Oakview Cemetery - 2500 East 18th St.
 - VFW Post 6435 - 815 Fulton Ship Yard Rd.

Logos include: Delta Veterans DVG Group, Tri Delta Trips, and various military service emblems.

Lions of District 4-C3
Lion Michelle Strong
Lionizer Editor for the November 2020 edition
Purplelady4321@aol.com



Please, take the time to share your club news... Pictures, events, donations, community service everything is relevant. Hoping for 100% participation
Submissions must have “Lionizer” in the subject line

Lionizer Editor Lion Michelle Strong
49 Vallecito Lane
Walnut Creek Ca 94596

